



# Caldecote Day Nursery



## Newsletter January 2022

This month's Learning Focus: **Children's Interests & Internet Safety**

This month's Value: **Diversity**

**Happy New Year! Welcome to 2022! We hope you had an amazing Christmas and New Year. Thank you for all your cards, presents and good wishes. We were really spoilt!**

## Safeguarding

**Safeguarding children's wellbeing is paramount for us at nursery. Here are some important messages about online safety in the early years.**

Nowadays young children are using technology more and more. Whether it is a phone, tablet, laptop or watching programmes, the online world is booming. A recent report found that some 45% of 3- to 4-year-olds use YouTube, and 52% of 3- to 4-year-olds go online for an average of almost nine hours per week. Although ICT lessons are taught to older children, it is important that young children know the importance of staying safe online and how to use technology in a safe way.

**Explore Together** - Talk to your child about what the internet is and explore it together so you can show them all the great fun and educational things they can do.

**Put yourself in control** - Install parental controls on your home broadband. Most Internet-enabled devices also allow you to set parental controls so you can monitor what your children are looking at.

**Use Passwords** - Keep your devices out of reach and set passwords on all your internet-enabled devices and don't share them. Then you'll know when and where your child is accessing the internet. You can also make sure they're not making additional purchases when they're playing games or using apps.

**Search Safely** - Use safe search engines such as Swiggle or Kids-search. You can save time by adding these to your 'Favourites'. Safe search settings can also be activated on Google and other search engines, as well as YouTube.

**Be Involved** - Encourage them to use devices in a communal area like the lounge or kitchen so you can keep an eye on how they are using the internet and share in their enjoyment.

**Manage Access** - Set your homepage to a child-friendly site like CBeebies and create a user account for your child on the family computer or device which only allows access to sites you've chosen.

**Help Them Learn Through Games** - You can choose safe, fun and educational online games to play with your child and that you'll be confident about them exploring. You can find good free of charge examples from CBeebies and companies like Disney Junior, Nick Jr and Fisher Price.

**Set Boundaries** - It's never too early to start setting boundaries. Set some rules about how long your child can spend online.

**We will be learning about how to use the internet safely during January.**



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### COVID – 19: Please read this information about tests and getting tested...

Lateral Flow Tests	PCR Tests
These are for people with <b>no</b> symptoms. They can be taken at home or at the Edward Street Centre, on a weekly or twice weekly basis.	These are for people who have <b>any one</b> of the three main symptoms: <b>a new, continuous cough; a high temperature; loss of taste or smell.</b>
These tests can be done at your home and can be ordered from: <a href="https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests">https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests</a>	If we have sent your child home with one of these symptoms, you <b>must book a PCR test</b> or have a kit sent to your home: <a href="https://www.gov.uk/get-coronavirus-test">https://www.gov.uk/get-coronavirus-test</a>
After completing your test, you should report the result here: <a href="https://www.gov.uk/report-covid19-result">https://www.gov.uk/report-covid19-result</a>	Once the test is complete, you will be sent the results via text or email. This document needs to be forwarded to us as a matter of urgency.
If the result is negative, then you may attend nursery. If the result is positive, you <b>must stay at home</b> and organise a PCR test.	If the test is negative, you will be able to return to nursery. If the test is <b>positive</b> , you will need to follow the 'Stay at Home' guidelines issued by the Government and PHE

**While we understand that taking these tests can be very unpleasant for both children and adults, it is really important to safeguard each other and our wider families by getting tested when asked.**

## Home Learning Ideas

Here are some ideas you could try with your child this month...

Go on a winter walk with an adult and see how things have changed since the Autumn.

Draw a pattern to design a scarf or make one, using fabric scraps or other collage materials.

Talk about some animals that live in cold places. Find out what they like to eat and how they make their homes.

On winter mornings, the ground is often covered with frost. Talk about where this has come from or investigate what happens to ice in warm places.

Try making our seasonal recipe of the month! Send us a photo of your efforts via ParentZone!

**Don't forget to send us a photo of your home learning via ParentZone.**



**Save the Children**  
**CHRISTMAS JUMPER DAY**

**Thank you so much! With your generous donations we raised a grand total of £100 for Save the Children.**

### Clothing Reminders

Please remember that your child should have socks / tights on their feet when in nursery (indoor shoes are optional) and should not be here, with bare feet. This is for additional warmth in the winter and hygiene reasons in the summer.

If you have borrowed any nursery clothes and not returned them, or you are having a clear out at home, we would appreciate donations of socks, pants, trousers and leggings for all ages please.

### September 2022 School Applications

The deadline for this is fast approaching. If your child was born between 1 September 2017 and 31 August 2018, you must apply for their Reception place **by 15 January 2022 (5pm).**

<https://www.warwickshire.gov.uk/applying-school-place-reception>



**ParentZone**

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### Family Information Service (FIS)

Did you know that the Family Information Service can provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

1. family relationships
2. finance
3. housing
4. parenting support
5. special educational needs and disabilities (SEND)
6. childcare
7. health and wellbeing

Find out more at:

[www.warwickshire.gov.uk/supportforchildrenandfamilies](http://www.warwickshire.gov.uk/supportforchildrenandfamilies)



### Spring Term 2022 Dates for your diary...

**We open at 8am – Tuesday 4<sup>th</sup> January 2022 to all children**

**All About Me – Emailed to parents w/c 10<sup>th</sup> January**

**Children's Mental Health Week – Monday 7<sup>th</sup> – Friday 11<sup>th</sup> February**

**Term Time Only Children - Term ends Friday 18<sup>th</sup> February**

**Term Time Only children return on Monday 28<sup>th</sup> February**

**World Book Day – Thursday 3<sup>rd</sup> March (Details to follow)**

**Toddler Parent Meetings – Tuesday 15<sup>th</sup> March (By appointment)**

**Pre-School Parent Meetings – Wednesday 16<sup>th</sup> March (By appointment)**

**Baby Parent Meetings – Thursday 17<sup>th</sup> March (By appointment)**

**Red Nose Day – Friday 18<sup>th</sup> March (Details to follow)**

**Spring Stay & Play – Saturday 26<sup>th</sup> March; 10am-12pm**

**Term Time Only Children - Term ends Friday 8<sup>th</sup> April**

**Easter Closure – 6pm Thursday 14<sup>th</sup> April**

**We re-open at 8am – Tuesday 19<sup>th</sup> April**

**Term Time Only children return on Monday 25<sup>th</sup> April**



Our Toddler children went on a Christmas Adventure with Amy from Drama Tots Rugby, in December.

Drama Tots combines music, movement and creative play to allow children to be imaginative, gain confidence and have fun in a friendly and nurturing environment.

Amy will be taking our Pre-School and Toddler children on a weekly adventure from January (at no additional charge) and we very much look forward to developing our storytelling skills and imagination with her!



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This month's seasonal recipe to try at home...

### Vegan Banana Bread for Veganuary!



Some families recently have noted that their children are becoming picky eaters. Try making this easy recipe with your child to get them involved with the preparation and then hopefully they will be more willing to tuck in!

#### Ingredients:

- 3 large black bananas
- 75ml vegetable oil or sunflower oil, plus extra for the tin
- 100g brown sugar
- 225g plain flour
- 3 heaped tsp baking powder
- 3 tsp cinnamon or mixed spice
- 50g dried fruit or nuts (optional)



#### Method

1. Heat oven to 200C/180C fan/gas 6.
2. Mash 3 large black peeled bananas with a fork, then mix well with 75g vegetable or sunflower oil and 100g brown sugar.
3. Add 225g plain flour, 3 heaped tsp baking powder and 3 tsp cinnamon or mixed spice, and combine well. Add 50g dried fruit or nuts, if using.
4. Bake in an oiled, lined 2lb loaf tin for 20 minutes.
5. Check and cover with foil if the cake is browning.
6. Bake for another 20 minutes, or until a skewer comes out clean.
7. Allow to cool a little before slicing. It's delicious freshly baked, but develops a lovely gooey quality the day after.

### Stay & Play – December 2021

**A big thank you to all the families who attended our session. It was lovely to welcome you back!**



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### Our December Learning...



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