



# Caldecote Day Nursery



## Newsletter January 2021

This month's Learning Focus: **Children's Interests, Winter & Online Safety**

This month's Value: **Diversity**

**Happy New Year! Welcome to 2021! We hope you had an amazing Christmas and New Year. Thank you for all your cards, presents and good wishes. We were really spoilt!**

## Safeguarding

**Safeguarding children's wellbeing is paramount for us at nursery. Here are some important messages about online safety in the early years.**

Nowadays young children are using technology more and more. Whether it is a phone, tablet, laptop or watching programmes, the online world is booming. A recent report found that some 45% of 3- to 4-year-olds use YouTube, and 52% of 3- to 4-year-olds go online for an average of almost nine hours per week. Although ICT lessons are taught to older children, it is important that young children know the importance of staying safe online and how to use technology in a safe way.

**Explore Together** - Talk to your child about what the internet is and explore it together so you can show them all the great fun and educational things they can do.

**Put yourself in control** - Install parental controls on your home broadband. Most Internet-enabled devices also allow you to set parental controls so you can monitor what your children are looking at.

**Use Passwords** - Keep your devices out of reach and set passwords on all your internet-enabled devices and don't share them. Then you'll know when and where your child is accessing the internet. You can also make sure they're not making additional purchases when they're playing games or using apps.

**Search Safely** - Use safe search engines such as Swiggle or Kids-search. You can save time by adding these to your 'Favourites'. Safe search settings can also be activated on Google and other search engines, as well as YouTube.

**Be Involved** - Encourage them to use devices in a communal area like the lounge or kitchen so you can keep an eye on how they are using the internet and share in their enjoyment.

**Manage Access** - Set your homepage to a child-friendly site like CBeebies and create a user account for your child on the family computer or device which only allows access to sites you've chosen.

**Help Them Learn Through Games** - You can choose safe, fun and educational online games to play with your child and that you'll be confident about them exploring. You can find good free of charge examples from CBeebies and companies like Disney Junior, Nick Jr and Fisher Price.

**Set Boundaries** - It's never too early to start setting boundaries. Set some rules about how long your child can spend online.

**We will be learning about how to use the internet safely as part of 'Safer Internet Week' during w/c 25<sup>th</sup> January.**



Lancaster Road, Rugby, CV21 2QN



01788 542337



[www.caldecotedaynursery.co.uk](http://www.caldecotedaynursery.co.uk)



# Caldecote Day Nursery



## Newsletter January 2021

This month's Learning Focus: **Children's Interests, Winter & Online Safety**

This month's Value: **Diversity**

### COVID – 19

We are continually risk assessing and following the government guidelines relating to covid-19. As we make changes to our operational plan, we will let you know.

Please remember: If your child or someone in your household has:

- a new, continuous cough,
- a high temperature,
- loss of taste or smell,

**You must not attend nursery under any circumstance.**

You must contact 111, get tested immediately and inform us of the outcome as a matter of urgency. If we suspect that your child has covid-19, you will be asked to collect them immediately, contact 111 and get tested.

If the outcome is negative, you and your child may return to nursery. If the outcome is positive, you will need to follow the 'Stay at Home' guidance as issued by the government.

### Home Learning Ideas

Here are some ideas you could try with your child this month...

Go on a winter walk with an adult and see how things have changed since the Autumn.

Draw a pattern to design a scarf or make one, using fabric scraps or other collage materials.

Talk about some animals that live in cold places. Find out what they like to eat and how they make their homes.

On winter mornings, the ground is often covered with frost. Talk about where this has come from or investigate what happens to ice in warm places.

Try making our seasonal recipe of the month! Send us a photo of your efforts via ParentZone!

**Don't forget to send us a photo of your home learning via ParentZone.**



**ParentZone**



**Lancaster Road, Rugby, CV21 2QN**



**01788 542337**



**www.caldecotedaynursery.co.uk**

### Spring Term 2021 Dates for your diary...

**We open at 8am – Monday 4<sup>th</sup> January 2021 to all children**

**Safer Internet Week – Monday 25<sup>th</sup> – Friday 29<sup>th</sup> January**

**Children's Mental Health Week – Monday 1<sup>st</sup> – Friday 5<sup>th</sup> February**

**Term Time Only Children - Term ends Friday 12<sup>th</sup> February**

**Term Time Only children return on Monday 22<sup>nd</sup> February**

**World Book Day – Thursday 4<sup>th</sup> March (Details to follow)**

**Toddler Parent Meetings – Tuesday 16<sup>th</sup> March (By appointment)**

**Pre-School Parent Meetings – Wednesday 17<sup>th</sup> March (By appointment)**

**Baby Parent Meetings – Thursday 18<sup>th</sup> March (By appointment)**

**Red Nose Day – Friday 19<sup>th</sup> March**

**Easter Stay & Play – Saturday 27<sup>th</sup> March; 10am-12pm**

**Term Time Only Children - Term ends Thursday 1<sup>st</sup> April**

**Easter Closure – Friday 2<sup>nd</sup> April**

**We re-open at 8am – Tuesday 6<sup>th</sup> April**

**Term Time Only children return on Monday 19<sup>th</sup> April**



# Caldecote Day Nursery



## Newsletter January 2021

This month's Learning Focus: **Children's Interests, Winter & Online Safety**

This month's Value: **Diversity**



Thank you also to families who donated £1 for Save The Children, Christmas Jumper Day. We raised...

**£55.00**

for this great cause!

## Family Information Service (FIS)

Did you know that the Family Information Service can provide information, advice and one-to-one support for families with children and young people aged 0 to 25 across Warwickshire on issues including:

1. family relationships
2. finance
3. housing
4. parenting support
5. special educational needs and disabilities
6. childcare
7. health and wellbeing



Find out more at:

[www.warwickshire.gov.uk/supportforchildrenandfamilies](http://www.warwickshire.gov.uk/supportforchildrenandfamilies)

This month's seasonal recipe to try at home...

## Winter Warmer Soup



### Ingredients:

- 500g sweet potato, peeled and cut into chunks
- 300g carrots, peeled and cut into chunks
- 3tbsp olive oil
- 2 onions, finely chopped
- 2 garlic cloves, crushed
- 1l vegetable stock

### Method

1. Heat the oven to 220C/200C fan/ gas 7
2. Put the sweet potatoes and carrots into a large roasting tin, drizzled with 2 tbsp olive oil and some seasoning.
3. Roast the vegetables in the oven for 25-30 mins or until caramelised and tender.
4. Meanwhile, put the remaining 1 tbsp olive oil in a large deep pan and fry 2 finely chopped onions over a medium-low heat for about 10 mins until softened.
5. Add 2 crushed garlic cloves and stir for 1 min before adding 1l vegetable stock.
6. Simmer for 5-10 mins until the onions are very soft, then set aside.
7. Once the roasted vegetables are done, leave to cool a little, then transfer to the saucepan and use a hand blender to process until smooth. Stir in 100ml crème fraîche and reheat until hot.
8. Serve in bowls topped with a swirl of crème fraîche.



Lancaster Road, Rugby, CV21 2QN



01788 542337



[www.caldecotedaynursery.co.uk](http://www.caldecotedaynursery.co.uk)





# Caldecote Day Nursery



## Newsletter January 2021

This month's Learning Focus: **Children's Interests, Winter & Online Safety**

This month's Value: **Diversity**

### Our December Learning!



Lancaster Road, Rugby, CV21 2QN



01788 542337



[www.caldecotedaynursery.co.uk](http://www.caldecotedaynursery.co.uk)