

This month's Value: Caring

## Safeguarding

If your child attends nursery by car, they must have an appropriate car seat. Here is some information to help you understand the rules...

UK law states that children must use a child car seat until they're 12 years old or 135cm/4ft 5in tall, whichever comes first. However, safety experts recommend that you use a child car seat for all children under 150cm/4ft 11in. Buying the wrong child car seat could mean you're putting your child's life at risk, while also breaking the law.

**Weight-based child car seats:** Most child car seats are split into groups according to the weight of the child they're designed to protect. These groups are defined by United Nations safety regulations and cover children from birth all the way up to 12 years old or 135cm (around 36kg). Moving babies and younger children to the next group before they reach the maximum weight or height for their seat could lead to more severe injuries in a crash. It's also against the law to put your child in a seat that's inappropriate.

**Height-based car seats:** i-Size is part of the European child car seat regulation R129, which came into force in the UK at the beginning of April 2015. i-Size car seats go by height instead of weight. A true i-Size car seat will only use Isofix connectors, although some baby car seats can still be installed in your car using the car's adult seatbelt. It's mandatory for a baby to be rear-facing in an i-Size seat until he or she is 15 months old. i-Size car seats will fit all i-Size-certified cars and almost all cars with Isofix. Check with the car manufacturer to see in which position you can use an i-Size car seat in your vehicle.



Age range (approx.)	Weight / Height	Child Restrain	t Type
Birth to 9-12 months	Up to 13kgs	Baby / Infant Carrier	
9 months to 4 years	9kgs to 18kgs	Child Seat	Z
4 years to 11 years	15kgs upwards	Booster Seat	J
6 years to 11 years	From 22kgs	Booster Seat	2
Over 12 years	135cms or above	Adult Seat Belt	À

**Fees:** Please note that we are increasing our fees from April 1<sup>st</sup>. There will be an increase to our standard charges, Club Caldecote charges and our lunches. A full breakdown of the fees can be found on our website. This is our first fee increase since September 2020. We fully understand the issues surrounding the cost of living at the moment and are very aware of the impact that this is having on our families. If you are concerned about being able to pay your fees and would like some advice or support on this matter, please come and see us in the office, where we will be happy to talk things through with you.



Lancaster Road, Rugby, CV21 2QN







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### Covid 19 – Stepping Down Measures from Tuesday 1st March – DfE Guidelines

### From 1<sup>st</sup> March, the following restrictions will be lifted at nursery:

- Face coverings will no longer be mandatory for staff, however, some parents, carers and staff may choose to continue wearing these, particularly if there are cases within the nursery or they are in a vulnerable group.
- Staff are no longer required to lateral flow test.

### The DfE guidance requests that settings maintain the following:

- A regular cleaning regime within nursery.
- Good hand hygiene for staff and children.
- Good respiratory hygiene (Catch It, Bin It, Kill It).
- Good ventilation within occupied spaces.

### We request that parents take the following actions if their child has symptoms of Covid:

- Do not send your child into nursery if they are unwell and notify us as soon as possible.
- Do not send your child to nursery if key symptoms are exhibited and complete a Covid-19 test.
- Do not send your child to nursery if they test positive for Covid-19 and notify us as soon as possible.
- If a parent insists on a child attending nursery where they have a confirmed or suspected case, we may take the decision to refuse the child if, in our reasonable judgement, it is necessary to protect other children and staff from possible infection with Covid-19.
- If your child is positive, self-isolate for at least 5 days from the date of a positive test or the start of symptoms.
- Complete lateral flow tests on day 5 and 6. If still positive continue testing until you receive two consecutive days of negative results or self-isolate until day 10.

#### This advice may seem a little contradictory, as the Government seem to be stopping access to free lateral flow devices, but the DfE guidance has not taken account of this. Further advice can be found online of what to do if you suspect someone has Covid-19.

We will continue to risk assess the changing situation within our community. There are currently no cases in nursey, however, the likelihood is that cases of Covid will flare up from time to time and we may need to put in some temporary restrictions to minimise the spread. Hopefully, over the next few months, the Covid situation will settle down further and we will be able to get back to a pre-Covid way of life. We appreciate your continued support with this and would like to take this opportunity to thank every family for being so supportive during this difficult time.



### 50 Things to do before you are five!

Warwickshire have recently launched this wonderful app with ideas of things to do with your children before the age of five. Once the app has launched, you can select the Warwickshire region and as well as providing links to activities to do at home, it will also give you information about books to share linked to the activity, key words and phrases to use, local events and much more! To download the app visit your app store or use the link below:

### https://warwickshire.50thingstodo.org/app/os#!50thingstodobefore5/welcome

Share your adventures through ParentZone! We look forward to seeing what you get up to...









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## **Home Learning Ideas**

Here are some ideas you could try with your child this month...

Take a Spring walk and see how many different colours of flowers you can see.

Be curious about Easter and take part in some Easter themed activities such as egg decorating or making an Easter bonnet.

Share a book with someone and talk about what you can see on each page.

Develop your Makaton skills by using our poster to learn the signs we use at nursery.

Enjoy being in the fresh air in your garden or in the park. Play chasing games, use chalks to create art or engage in water play with a tub of water and some kitchen utensils / jugs / cups!

Try making our seasonal recipe of the month! Send us a photo of your efforts via ParentZone!

Don't forget to send us a photo of your home learning via ParentZone.



We are sad to announce that Carly B (Pre-School) will be leaving us on the 22<sup>nd</sup> April to take up a new role at another setting. She will be very much missed by staff and children.

Alice will be moving from Baby Room to Pre-School to pick up her key children, as they prepare to leave for school in the coming weeks.

Baby Room will be led by Jade, and assisted by Emma, Leanne, Miranda, Lily and Carley S.

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### Spring Term 2022 Dates for your diary...

Term Time Only Children - Term ends Friday 8<sup>th</sup> April Easter Closure – 6pm Thursday 14<sup>th</sup> April We re-open at 8am – Tuesday 19<sup>th</sup> April Term Time Only children return on Monday 25<sup>th</sup> April

### Summer Term 2022 Dates for your diary...

Bank Holiday Closure – Monday 2<sup>nd</sup> May Concept Photography – Tuesday 10<sup>th</sup> May; 9am – 2pm Platinum Jubilee Party – Thursday 26<sup>th</sup> May; all day Term Time Only Children - Term ends Friday 27<sup>th</sup> May Bank Holiday Closure – Thursday 2<sup>nd</sup> June Bank Holiday Closure – Friday 3<sup>rd</sup> June Term Time Only children return on Monday 6<sup>th</sup> June Be Proud of Who You Are Week – 27<sup>th</sup> June – 1<sup>st</sup> July Pre-School Parents Meetings – 28<sup>th</sup> June (by appointment) Baby Parents Meetings – 29<sup>th</sup> June (by appointment) **Toddler Parents Meetings – 30<sup>th</sup> June** (by appointment) Pre-School Graduation – Thursday 7<sup>th</sup> July (timings tbc) Summer Stay & Play – Saturday 16<sup>th</sup> July; 10am-12pm Nursery Sports Day – Tuesday 19th July; 10am & 2pm Pre-School Farewell Party – Thursday 21<sup>st</sup> July 1:00-3:00pm Term Time Only Children - Term ends Friday 22<sup>nd</sup> July

(Details of the events above will follow...)



01788 542337

**Red Nose Day – Friday 18<sup>th</sup> March 2022** Thank you for your donations. We raised £50 for Red Nose Day!





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## Leadership Focus

At nursery, we have several staff who take a leadership role. To raise their profile with parents and celebrate the good work that they do, each month we are going to highlight a different role and provide you with some information. **This month it is our Makaton Champions: Tiffany and Lauren!** 

At Caldecote, Tiffany (Pre-School) and Lauren (Toddlers) are our Makaton Champions. They are trained to use Makaton and support other staff to use it on a daily basis with all the children in nursery.

What is Makaton? Makaton is a unique language programme that uses symbols, signs and speech to enable people to communicate. It supports the development of essential communication skills such as attention and listening, comprehension, memory, recall and organisation of language and expression.

Being able to communicate is one of the most important skills we need in life. Almost everything we do involves communication; everyday tasks such as learning at school, asking for food and drink, sorting out problems, making friends and having fun. These all rely on our ability to communicate with each other.

With Makaton, signs are used, with speech, in spoken word order. This helps provide extra clues about what someone is saying. Using signs can help people who have no speech or whose speech is unclear. Using symbols can help people who have limited speech and those who cannot, or prefer not to sign.

For those who have experienced the frustration of being unable to communicate meaningfully or effectively, Makaton really can help. Makaton takes away that frustration and enables individuals to connect with other people and the world around them. This opens up all kinds of possibilities.

Makaton at		hello / goodbye	mummy	daddy
Caldecote. Here are some signs that we use every day.		milk	eat	drink
stop	good / well done	please	thank you	help
more	finished	sleep	nappy	toilet

At Caldecote, our children may learn a range of Makaton signs as part of their learning interests and this may also include songs and rhymes, but we all focus on 16 key signs that we use on a day to day basis to help the communication of our children.

If you wish to use these at home, a copy of this poster is available on our website or please ask staff for a paper copy if you wish.







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This month's seasonal recipe to try at home...

# Easter Bunny Pancakes

Some families recently have noted that their children are becoming picky eaters. Try making this easy recipe with your child to get them involved with the preparation and then hopefully they will be more willing to tuck in!

### **Ingredients:**

- 50g self-raising flour
- 50g wholemeal flour
- 2 small eggs , separated
- 150ml skimmed milk
- oil , for frying
- a few raisins for bunny paws, to serve (optional)
- 30g banana , sliced into rounds for the tails
- extra chopped fruit, to serve

### Method:

- 1. Put both the flours into a large bowl and whisk to break up any lumps.
- 2. Add the egg yolks and a little of the milk, whisking to a thick paste. Add the remaining milk, a splash at a time, to loosen the batter. (Use whole or semi-skimmed milk if cooking for under-fives, dependent on age.)
- 3. In a separate bowl and using a clean whisk, whisk the egg whites until they hold stiff peaks. Gently fold the egg whites into the batter with a spatula, trying to keep in as much air as possible.
- 4. Heat a large non-stick pan over a medium heat and carefully wipe it with some oiled kitchen paper. Using a large spoon, add a generous dollop of batter to the pan in a round, for the bunny body.
- 5. Add a smaller round for the head, two small ovals for feet, and two long thin strips for ears. Fit all the bunny components into the pan, or cook them in batches.
- 6. Flip the pancakes after a minute or two, once the edges are set, the base is golden brown and bubbles start to pop on the surface. Cook for another min until golden brown.
- 7. Put the bunny body in the middle of the plate, position the head, ears and feet just overlapping to look like the back of a bunny. Add a banana slice for the tail, and raisins (if using) for the feet pads.
- 8. Repeat with the remaining batter. Decorate with extra chopped fruit, if you like.

**Pre-School Children Leaving For School This Summer:** Just to remind you that National Offer Day is **Tuesday 19<sup>th</sup> April.** This is when you will find out which school place you have been allocated. Once you know and have accepted the place, please let the office or Pre-School Staff know, as we will need to pass transition information on to the schools. Thank you.









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# **Our March Learning...**







# Spring Stay & Play...





