



# Caldecote Day Nursery



## Newsletter May 2021

This month's Learning Focus: **Children's Interests, Oral Health & Gardening**



This month's Value: **Friendship**


### Safeguarding


**This month we will be focussing on good oral hygiene as part of our learning. Here is some information to support you at home...**

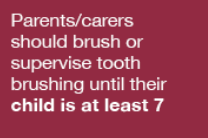
Dental decay is a serious problem in young people - and it is largely preventable. In 2017 in England, almost a quarter of five year olds had experienced tooth decay, having an average of 3 or 4 decayed teeth. Figures suggest that more than 105 children a day have their teeth removed in hospital due to tooth decay.

**Top 3 interventions for preventing tooth decay**

- 1**  
  
**Reduce the consumption of foods and drinks that contain sugars**
- 2**  
  
**Brush teeth twice daily with fluoride toothpaste (1350-1500ppm), last thing at night and at least on one other occasion. After brushing, spit don't rinse**
- 3**  
  
**Take your child to the dentist when the first tooth erupts, at about 6 months and then on a regular basis**

**Under 3s** should use a smear of toothpaste  


**3 to 6 year olds** should use a pea sized amount  


Parents/carers should brush or supervise tooth brushing until their child is at least 7  


Find out more here:

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/601834/healthy\\_mouth\\_children\\_quick\\_guide.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/601834/healthy_mouth_children_quick_guide.pdf)

## TEMPEST PHOTOGRAPHY

We have invited Tempest Photography back to take individual and sibling photographs on **Tuesday 11<sup>th</sup> May, from 9am - 2pm**. Pre-School children who are leaving to start school this summer will also be photographed in their Graduation cap and gown.

Tempest are a Covid secure company and all photographs will be taken in a separate room, in a socially distanced manner with our own staff posing the children where needed.

If your child does not usually attend nursery on this day but you would like them to have their photo taken, please contact the office to make an appointment. Siblings who do not attend nursery are also able to come and have their photograph taken, but we are only allowing **one adult** per family. Please book early to avoid disappointment.

Tempest Photography will return in October to take photos in preparation for Christmas!



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### COVID – 19: Please read this information about tests and getting tested...

Lateral Flow Tests	PCR Tests
These are for people with <b>no</b> symptoms. They can be taken at home or at the Edward Street Centre, on a weekly or twice weekly basis.	These are for people who have <b>any one</b> of the three main symptoms: <b>a new, continuous cough; a high temperature; loss of taste or smell.</b>
These tests can be done at your home and can be ordered from: <a href="https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests">https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests</a>	If we have sent your child home with one of these symptoms, you <b>must book a PCR test</b> or have a kit sent to your home: <a href="https://www.gov.uk/get-coronavirus-test">https://www.gov.uk/get-coronavirus-test</a>
After completing your test, you should report the result here: <a href="https://www.gov.uk/report-covid19-result">https://www.gov.uk/report-covid19-result</a>	Once the test is complete, you will be sent the results via text or email. This document needs to be forwarded to us as a matter of urgency.
If the result is negative, then you may attend nursery. If the result is positive, you <b>must stay at home</b> and organise a PCR test.	If the test is negative, you will be able to return to nursery. If the test is <b>positive</b> , you will need to follow the 'Stay at Home' guidelines issued by the Government and PHE

**While we understand that taking these tests can be very unpleasant for both children and adults, it is really important to safeguard each other and our wider families by getting tested when asked.**

## Home Learning Ideas

Here are some ideas you could try with your child this month...

Talk about the importance of looking after your teeth. Demonstrate on a soft toy or teddy.

Practise brushing your teeth together and create a reward system to ensure that children brush in the morning and at bedtime.

Take part in some gardening activities. Plant seeds from fruit on your windowsill or visit a garden centre or park looking at the shapes, colours and heights of different plants.

Try making our seasonal recipe of the month! Send us a photo of your efforts via ParentZone!



**ParentZone**

Don't forget to send us a photo of your home learning via ParentZone.

## Summer Term 2021 Dates for your diary...

**Bank Holiday Closure – Monday 3<sup>rd</sup> May**

**Tempest Photography – Tuesday 11<sup>th</sup> May; 9am – 2pm**

**Term Time Only Children - Term ends Friday 28<sup>th</sup> May**

**Bank Holiday Closure – Monday 31<sup>st</sup> May**

**Term Time Only children return on Monday 7<sup>th</sup> June**

**Parents Meetings – w/c 28<sup>th</sup> June (Details to follow)**

**Sport's Day – Tuesday 6<sup>th</sup> July; 10am & 2pm**

**Pre-School Graduation – Thursday 8<sup>th</sup> July (Details to follow)**

**Pre-School Farewell Party – Thursday 15<sup>th</sup> July; 1pm – 3pm**

**Term Time Only Children - Term ends Friday 16<sup>th</sup> July**



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	BH Monday	Tuesday 1 <sup>st</sup>	Wednesday 2 <sup>nd</sup>	Thursday 3 <sup>rd</sup>	Friday 4 <sup>th</sup>
Craft		Sun Printing 	Dream Catchers 	Lava Lamps 	Plant Pot Art 
Cooking		Toasted Sandwiches 	Decorating Cupcakes 	Prepare a Picnic 	Ice Cream Sundaes 
Group		Board Games 	Cinema Trip - pm (Restrictions permitting) 	Picnic Lunch 	Gardening / Planting 
Physical		Park - Tennis 	Park - Play Equipment 	Park - Football 	Park - Play Equipment 



Club Caldecote is back for half term!

We are hoping to visit Cineworld on Wednesday 2<sup>nd</sup> June, to see whatever age-appropriate movie is being shown. There will be an additional charge for this, and further information can be obtained from the office. This visit will only go ahead if we are sure that we can remain covid safe.

This month's seasonal recipe to try at home...

## Carrot Cake Traybake



Some families recently have noted that their children are becoming picky eaters. Try making this easy recipe with your child to get them involved with the preparation and then hopefully they will be more willing to tuck in!

### Ingredients

- 200g carrots , peeled
- 175g soft brown sugar
- 200g self-raising flour
- 1 tsp bicarbonate of soda
- 2 tsp cinnamon
- zest 1 orange
- 2 eggs
- 150ml sunflower oil

### For the icing

- 50g softened butter
- 75g icing sugar
- 200g soft cheese
- sprinkles (optional)



### Method

1. Line an 18cm square tin with baking parchment. Turn the oven on to 180C/160C fan/gas 4.
2. Grate the carrots on the fine side of the grater, then tip them into a large bowl.
3. Sift the sugar, flour, bicarb and cinnamon on top of the carrot, then add the orange zest and mix everything around a bit.
4. Break the eggs into a bowl then add them to the bowl along with the oil. Mix everything together well.
5. Scoop the cake mix into your tin and level the top. Put it in the oven for 30 minutes or until the cake is cooked.
6. While the cake is cooling, make the icing. Mix the butter and icing sugar together, then stir in the soft cheese until smooth.
7. When the cake is cool, spread the top with the icing and cut into squares. Decorate with sprinkles, if you like.



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This is a Warwickshire partnership scheme to support children, families, Early Years Settings and Schools, preparing children for the transition into Reception.

The purpose of the partnership agreement is for all organisations delivering Early Years services to agree and use a consistent approach across Warwickshire.

Each of our Pre-School children that are moving to school will receive a leaflet next week with information about what we as a nursery are doing to support your child and what you can do at home. Further information can be found on our website.

## Our April Learning!



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As we continue with our journey, implementing The Curiosity Approach, we aim to provide your children with authentic resources in their play.

As well as purchasing new items, we try to reuse and repurpose items to give them a new lease of life. We have previously sourced items from charity shops, car boot sales and online local sellers but COVID has prevented us from keeping our supplies stocked up. This month we are asking for your help. Can you donate any of the following to enhance the learning experiences of our children?

- Old, unwanted keys.
- Costume jewellery including bangles and beads.
- Adult Hats (not baseball caps)
- Adult shoes (the fancier the better)
- Wellington boots (baby size)
- Dressing table items, such as hand mirrors, old make up or hair-brushes and jewellery boxes.
- Purses, wallets or handbags.
- Home corner items such as ornaments, vases, cooking utensils, pots, pans, tablemats, cushions, artwork, or telephones.
- Any cultural items such as ornaments, fabrics, clothing, jewellery or artwork.
- Travel guide-books.
- Indoor plants or cuttings to grow our own.

We will of course ensure that all items are thoroughly cleaned and quarantined before using with the children.



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