



Caldecote Day Nursery



Newsletter June 2021

This month's Learning Focus: **Children's Interests, Safety, Being Proud & Picnics**

This month's Value: **Safety**

Safeguarding

This month we will be focussing on safety as we support the CAPT (Child Accident Prevention Trust) campaign to promote the importance of safety and accident prevention in the home.

Child Safety Week is an annual community education campaign run by the Child Accident Prevention Trust (CAPT), acting as a catalyst for thousands of safety conversations and activities UK-wide.

CAPT helps families build confidence and skills in managing the real risks to children's safety. They want all children to have the freedom to grow and learn, safe from serious harm.

This year, **Child Safety Week runs from Monday 7th to Sunday 13th June** with the theme ***Share because you care.***

Their website has a wealth of information about what you can do to minimise risk at home as your child grows and has factsheets translated into different languages to support families. They are encouraging families to share their experiences in the home to hopefully try and save the lives of others.

Further information can be found at: <https://www.capt.org.uk>

What's the problem?

1 in 9 emergency hospital admissions for Scottish children* are due to an accident

(*Children under 16, Public Health Scotland)

Accidents are one of the biggest killers of children in England and Wales, second only to cancer

(ONS mortality statistics)

1 child under 5 dies every week* in England from an accident at home

(*Average of 58 under 5s a year, Public Health England)

1 Scottish child died a month* because of an accident in 2019

(*12 deaths of children under 16, Public Health Scotland)

2,300 children under 16 are killed or seriously injured on our roads every year

(Department for Transport)

40,000 children* are admitted to hospital per year as an emergency after an accident at home

(*Figures for England for under fives, Public Health England)

Child Accident Prevention Trust

Child Safety Week 2021

Share because you care

#childsafetyweek

Can you do something wild every day for 30 Days?

Join us for **#30DaysWild** in June

Sign up now!

Each June the Wildlife Trust encourages us to do something 'wild' every day and to connect with nature. Attached to this newsletter are ideas for you to try at home so you and your child can take part in #30dayswild.

Send us some pictures via ParentZone of what you get up to!



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COVID – 19: Please read this information about tests and getting tested...

Lateral Flow Tests	PCR Tests
These are for people with no symptoms. They can be taken at home or at the Edward Street Centre, on a weekly or twice weekly basis.	These are for people who have any one of the three main symptoms: a new, continuous cough; a high temperature; loss of taste or smell.
These tests can be done at your home and can be ordered from: https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests	If we have sent your child home with one of these symptoms, you must book a PCR test or have a kit sent to your home: https://www.gov.uk/get-coronavirus-test
After completing your test, you should report the result here: https://www.gov.uk/report-covid19-result	Once the test is complete, you will be sent the results via text or email. This document needs to be forwarded to us as a matter of urgency.
If the result is negative, then you may attend nursery. If the result is positive, you must stay at home and organise a PCR test.	If the test is negative, you will be able to return to nursery. If the test is positive , you will need to follow the 'Stay at Home' guidelines issued by the Government and PHE

While we understand that taking these tests can be very unpleasant for both children and adults, it is really important to safeguard each other and our wider families by getting tested when asked.

Home Learning Ideas

Here are some ideas you could try with your child this month...

Talk about road safety when out and about. Encourage your child to use crossings and look out for the 'green man' who tells us it is safe to walk.

Take part in 30 Days Wild and connect with nature in your garden or local park. Use your senses to look at trees, listen to birds, smell flowers, taste fruits or touch natural textures.

Try making our seasonal recipe of the month and let us know how it tastes!

Don't forget to send us a photo of your home learning via ParentZone.



ParentZone

Summer Term 2021 Dates for your diary...

Term Time Only children return on Monday 7th June

Be Proud of Who You Are Week – 7th – 11th June

National Picnic Week – 21st – 25th June

Pre-School Parent Meetings – Tuesday 29th June (By appointment)

Babies Parent Meetings – Wednesday 30th June (By appointment)

Toddler Parent Meetings – Thursday 1st July (By appointment)

Sport's Day – Tuesday 6th July; 10am & 2pm

Pre-School Graduation – Thursday 8th July;

Ceremonies at 9:30-10:15am / 10:30-11:15am / 1:30-2:15pm

Pre-School Farewell Party – Thursday 15th July; 1pm – 3pm

Term Time Only Children - Term ends Friday 16th July

Term Time Only children return on Monday 6th September.



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'Be Proud Of Who You Are' Week!

7th – 11th June 2021

Following on from our successful day last year, we are extending this event to a whole week! This is a chance for us all to celebrate the diversity within our nursery, to teach our children the importance of acceptance of others and to celebrate the things that make us, and our families, unique and special.

Our week will focus on feeling proud of who we are, celebrating differences and similarities with each other and feeling confident about ourselves. These are all messages that we share regularly at nursery through our values, but we are bringing them together (with some rainbows along the way!) to celebrate the occasion.

During the week, children are welcome to come dressed in a rainbow of colours, wear something from their culture that will teach us a little more about them or wear something that represents a hobby or interest that they are proud of. They can also bring in any items that might help to represent their special qualities which they can share with their group.

If you, as parents, have any resources or information that you would like to share about what makes your family unique, we would be interested to hear about it and include it in our event.

We hope to have a week of celebration and to feel thoroughly Proud of Who We Are!

Covid Reminders

Masks: Can we kindly ask that parents continue to wear a mask when dropping off and picking up, until further notice.



Foreign Travel: To help keep the Nursery Covid Secure, we ask that if you or a member of your household are travelling abroad, please let us know where you are going and when you will return. If you are having visitors to stay, who have come from abroad, please also let us know so we can keep a record of this.



Summer Events

As we continue to ease out of lockdown, we hope to be able to offer some of our annual events to families.

Sport's Day is booked for Tuesday 6th July (weather permitting) and will take place in Caldecott Park, near the tennis court at 10am and 2pm. If your child does not attend that day, you are welcome to bring them along to join in the fun. We hope that as it is an outdoor activity, families will socially distance where required. Children will take part in a series of races and then enjoy a drink and snack to cool down.

Pre-School Graduation is due to take place on Thursday 8th July and we will be holding three ceremonies so we can socially distance our children and invited guests. Families will receive an invitation detailing the time that they are invited to and will be allocated two seats per child. Further information about how we will manage this to ensure we remain covid safe, will be issued with the invitation. As we were not able to invite parents last year, we really hope that we can come together (in three groups!) and celebrate the children's successes!

These activities are subject to change. They are dependent on covid restrictions and any Government or Local Authority procedures that we are asked to follow.



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This month's seasonal recipe to try at home...

Veggie Rainbow Picnic Pie - serves 12-14



Some families recently have noted that their children are becoming picky eaters. Try making this easy recipe with your child to get them involved with the preparation and then hopefully they will be more willing to tuck in!

Ingredients

- 450g butternut squash , peeled, sliced and cut into small chunks
- 2 tbsp olive or rapeseed oil
- 1 large onion , sliced
- 550g small waxy potatoes , peeled and sliced
- 2 x 375g blocks all-butter puff pastry
- flour , for dusting
- 1 x 320g ready-rolled sheet all-butter puff pastry
- 2 tbsp breadcrumbs
- 300g pack cooked beetroot , sliced
- 450g jar roasted red peppers , drained
- 200g block feta cheese
- 150g frozen peas
- small bunch each parsley and mint, chopped
- 10 eggs
- 2 tbsp sesame seeds



Method

1. Heat oven to 200C/180C fan/gas 6.
2. Toss the squash in 1 tbsp oil and some seasoning and roast for 20 mins until soft.
3. Meanwhile, fry the onion in the remaining oil for 10-15 mins over a low heat until golden and boil the potatoes for 8 mins until soft. Drain the potatoes and leave the veg to cool.
4. Reduce oven to 180C/160C fan/gas 4.
5. Line a 20cm x 30cm baking tin with a long double thickness strip of parchment (this will help you to lift out the pie once cooked).
6. Squeeze the two blocks of pastry together, then roll out on a floured surface – the pastry should be about the thickness of a £1 coin. Use the pastry to line the tin, leaving any excess pastry hanging over the edges.
7. Sprinkle the breadcrumbs over the base of the pastry.
8. Layer in the beetroot slices, peppers, squash, onions, feta, potatoes, peas and herbs (in that order for a nice rainbow effect), seasoning well between each layer.
9. Beat the eggs and pour slowly over the filling until most of it has sunk through the layers, saving a little to glaze the top. Brush some egg over the overhanging pastry then lay the rolled pastry sheet on top. Press the pastry sheets together, then use some kitchen scissors to trim the excess pastry, leaving about 2cm.
10. Roll the edges in to seal, then press them firmly with a fork.
11. Brush with egg, sprinkle with seeds, then use the fork prongs to mark out 12 portions.
12. Bake for 1 hr 20 mins until the pastry is golden and crisp.
13. Leave to cool completely before slicing, or chill for up to two days before serving.



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Congratulations to the **Toddler Room Team** who were voted by their colleagues as 'The Room Of The Month' for their dedication and hard work in sourcing curious treasures for their children to explore, inspired by The Curiosity Approach. Well done!

Our May Learning!



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