



# Caldecote Day Nursery



## Newsletter June 2023

This month's Learning Focus: **Children's Interests, Safety, Pride, Rugby**

This month's Value: **Safety**

### Safeguarding

**This month we will be focussing on safety as we support the CAPT (Child Accident Prevention Trust) campaign to promote the importance of safety and accident prevention in the home.**

## Safety made simple



Child Safety Week is an annual community education campaign run by the Child Accident Prevention Trust (CAPT), acting as a catalyst for thousands of safety conversations and activities UK-wide.

CAPT helps families build confidence and skills in managing the real risks to children's safety. They want all children to have the freedom to grow and learn, safe from serious harm.

This year, **Child Safety Week runs from Monday 5th to Sunday 11th June** with the theme **Safety made Simple**.

Their website has a wealth of information about what you can do to minimise risk at home as your child grows and has factsheets translated into different languages to support families. They are encouraging families to share their experiences in the home to hopefully try and save the lives of others.

Further information can be found at: <https://capt.org.uk/child-safety-week>

### Why does child safety matter?



*"All paediatricians dread breaking bad news: telling parents that their child requires emergency surgery or intensive care, or that resuscitation has been unsuccessful. When illness or death is the result of a preventable accident, the emotional toll is compounded by the avoidable nature of the tragedy."*

Consultant paediatrician

#### For the poorest families

Children from the poorest families are **40% more likely** to have a serious accident.

Public Health England

#### At home

**80%** of accidents to **under 5s** happen at home. **1 child dies each week** from an accident at home.

Public Health England

#### On roads

**2,400** children are **badly injured** on roads every year.

Department for Transport

#### In Scotland

**1** Scottish child **dies** a month from accidents. **1 in 7** emergency admissions were due to an accident.

Public Health Scotland

#### In England & Wales

Accidents **kill more children** than anything else apart from cancer.

ONS mortality statistics

**There are families behind each of these statistics.**

With your help, we can make children safer.



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### Leadership Focus

At nursery, we have several staff who take a leadership role. To raise their profile with parents and celebrate the good work that they do, each month we are going to highlight a different role and provide you with some information.

**This month it is our SENDCo Team: Alice & Poonam**

At Caldecote, Alice & Poonam are our SENDCos' (Special Educational Needs & Disabilities Coordinators). They oversee the provision for children who have a special educational or developmental need and coordinate information between home, the nursery and outside professionals to ensure each child is cared and provided for in a way that is right for them. They have knowledge of processes, procedures and paperwork, who to contact with queries and referrals, and access to different resources and tools to help measure a child's progress and to help in their continued development.

Alice & Poonam work alongside staff in identifying children who may have Special Educational Needs and Disabilities (SEND), especially the child's key person, and our families who know the child best. This month they are sharing information about Premature Babies and how some may face health problems as they grow:

#### Premature Babies

Most premature babies grow up to be healthy. But overall, premature babies are more likely than babies born at full term to have the health problems described below. This does not mean that your baby will have any of these problems.

#### Effects of development in small babies may include:

- Infection – weakened immune system, regular illnesses
- Bonding – missing initial bonding with parents early on if requiring incubator
- Lack of interaction – missing interactions with family if incubated or poorly for long periods
- Basic communication – missing that crucial first interaction when communication begins from birth
- Sensory issues
- Strain on parents/family life – such as excessive worry and detachment issues

#### Effects of development for the child:

- Learning: Some children born prematurely do well at school but overall, they are more likely to have difficulties with learning than children born at full-term. The later the baby is born, the milder these difficulties are. Try not to worry too much though. Children with learning difficulties who have extra support at school can still reach their full potential.
- Hearing: Your baby may have had a hearing test while they were in hospital. They may also have further tests with a hearing specialist (audiologist). If your baby has hearing loss, the healthcare team will talk to you about treatment options. Hearing aids and implants can make a big difference and can help your baby develop their speech and language.
- Sight: Some premature babies have a higher risk of sight problems. For example, if they had bleeding in the brain, a reaction to an infection (sepsis) or if they had treatment for retinopathy of prematurity. Your baby's eyes will be checked while they're in hospital. They may then have further checks between the ages of 3 and 6 years, when other possible sight problems are more easily picked up. If your child has a sight problem, they will see a specialist who will discuss treatment options with you.
- Cerebral palsy: Cerebral palsy is a group of conditions that mainly affects movement and co-ordination. It is more common in children born prematurely, with those born earliest being at highest risk. Cerebral palsy affects how the brain sends messages to other parts of the body. It affects everyone differently with symptoms ranging from mild to severe. Symptoms may include problems with balance, posture, talking, chewing or learning.
- Emotions and behaviour: Children and teenagers who were born prematurely are more likely to have emotional and attention difficulties. For example, they may seem withdrawn, passive or very shy.

**Speak to your health visitor or GP if you're worried about your baby or if you notice signs of a health problem.**



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Each June the Wildlife Trust encourages us to do something 'wild' every day and to connect with nature. Attached to this newsletter are ideas for you to try at home so you and your child can take part in #30dayswild.

Send us some pictures via ParentZone of what you get up to!

### Home Learning Ideas

Here are some ideas you could try with your child this month...

Talk about road safety when out and about. Encourage your child to use crossings and look out for the 'green man' who tells us it is safe to walk.

Take part in 30 Days Wild and connect with nature in your garden or local park. Use your senses to look at trees, listen to birds, smell flowers, taste fruits or touch natural textures.

Talk about what makes your child unique. Why are you proud of them? Why are they proud of themselves?

Try making our seasonal recipe of the month and let us know how it tastes!

**Don't forget to send us a photo of your home learning via ParentZone.**



ParentZone

#### Leaving to start school?

If you are leaving to start school in September, **please remember you need to give one month's notice.** Children who only access funded hours, this ends on Friday 21<sup>st</sup> July. Please inform us if you wish your child to attend during the holidays, as spaces are limited. This will then be charged at our standard rate.

### Summer Term 2023 Dates for your diary...

**Term Time Only children return on Monday 5<sup>th</sup> June**

**Be Proud of Who You Are Week – 19<sup>th</sup> – 23<sup>rd</sup> June**

**200 Years of Rugby Celebrations – 26<sup>th</sup> – 30<sup>th</sup> June**

**Pre-School Graduation – Thursday 6<sup>th</sup> July**

(There will be three ceremonies and invitations to be handed out in the coming week.)

**Summer Stay & Play – Saturday 8<sup>th</sup> July; 10am-12pm**

**Nursery Sports Day – Wednesday 12<sup>th</sup> July; 10am & 2pm**

**Pre-School Farewell Party – Thursday 20<sup>th</sup> July 1:30-3:00pm**

**Term Time Only Children - Term ends Friday 21<sup>st</sup> July**

(Further details of the events above will follow...)

**Bank Holiday Closure – Monday 28<sup>th</sup> August**

**Term Time Only Children - Term begins Monday 11<sup>th</sup> September**

### Sun Safe Reminders

Please ensure that your child arrives at nursery...



with suncream already applied;



with a named sunhat;



and named sun cream in their bag (or to be kept at nursery) to apply later.



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This month's seasonal recipe to try at home...

### Rainbow Ice Lollies – makes 6



Try this easy recipe with your child to get them involved and interested in food! Cooking together is a good way to connect.

#### Ingredients:

- 100g mango, peeled, stoned and chopped
- 2 bananas
- 400g vegan yogurt
- 2 kiwi fruit, peeled and roughly chopped
- 100g frozen raspberries
- 100g frozen blackberries



#### Method:

1. Blitz the mango with ½ banana and 100g yogurt in a blender until smooth.
2. Divide between six ice lolly moulds and insert a stick into each.
3. Hold each stick upright in the mould, and secure on both sides with tape. Freeze for 1 hr until set.
4. Repeat with another ½ banana, 100g more yogurt and the kiwi fruit, and pour that over the banana layer.
5. Freeze for another 1 hr until set.
6. Repeat with the raspberries, then the blackberries, freezing each layer before topping with the next.
7. Cover and freeze the lollies overnight.
8. Run under warm water to remove from the moulds. *Will keep in the freezer for up to two months.*

## 'Be Proud Of Who You Are' Week!

19<sup>th</sup> – 23<sup>rd</sup> June 2023

Now in it's fourth year; this is a chance for us all to celebrate the diversity within our nursery, to teach our children the importance of acceptance of others and to celebrate the things that make us, and our families, unique and special.

Our week will focus on feeling proud of who we are, celebrating differences and similarities with each other and feeling confident about ourselves. These are all messages that we share regularly at nursery through our values, but we are bringing them together (with some rainbows along the way!) to celebrate the occasion.

Further details of how we will be celebrating throughout the week will follow via the app.

If you, as parents, have any resources or information that you would like to share about what makes your family unique, we would be interested to hear about it and include it in our event.

**We hope to have a week of celebration and to feel thoroughly Proud of Who We Are!**



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## Our May Learning...



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