



Caldecote Day Nursery



Newsletter August 2021

This month's Learning Focus: **Children's Interests, Summer, Holidays**

This month's Value: **Courage**

Safeguarding: Water Safety

Over the last six years 30 children under 10 years old have drowned in holiday swimming pools abroad. RoSPA believes that all of these deaths could have been prevented. This year you may be having a 'staycation' but the risk of drowning in the sea, at a hotel pool or a paddling pool can still be great.

Key facts behind these drownings:

- **Toddlers (0 - 3 years)** - Two to three years are most at risk. In many cases the toddler wandered away from parents and fell into an unsupervised pool.
- **Young children (4-5 years)** – Some drownings happened after the child was last seen playing in the water or playing near to water. In many cases parents were unaware of the problem until the child was found in the water (most commonly a hotel swimming pool).
- **Older children (6-9 years)** - In all of these cases the children were swimming.
- **Parental supervision** - Drowning children don't cry out for help or wave to be rescued - they disappear under the surface – often unseen and unheard. Adults need to be vigilant whenever a child is in or near a pool.

Key points for parents to consider before you go:

- Check the safety arrangements in advance
- Teach children never to swim alone
- Be cautious about booking holiday homes with pools, that do not have safety fencing
- Take a first aid course – know how to resuscitate a child
- Ask your travel company if the hotel pool has a lifeguard

When you are there:

- Actively supervise all young children near water
- Choose pools that are fenced with locking gates
- Even if a pool has a lifeguard – know where your children are, and what they are doing in the water
- Let children take swimming classes whilst on holiday – they are a great way of gaining water confidence and learning essential water safety skills
- Inflatables are not a substitute for supervision or swimming ability

Rules for children:

- Water safety rules for children
- Never swim alone
- Do not dive into unknown depths of water, and only jump feet first into water
- Do not push or jump onto others
- Know where to get help in an emergency

Taken from RoSPA's website

Funding for 3 and 4 year olds

If your child will be 3 or 4 on 31st August, you may be able to apply for 30 hours of funded childcare. All 3 and 4 year olds receive 15 hours which is called 'Universal Funding'. If you wish to increase this to 30 hours which is known as 'Extended Funding', you need to check that you are eligible. Please log onto www.childcarechoices.gov.uk to apply for a code. Once you have received this code you will need to share that information with us and let us know about any changes to sessions.

Apply for a 30 hours code in good time. Do it before the summer holidays.
childcarechoices.gov.uk



Childcare Choices

HM Government



Lancaster Road, Rugby, CV21 2QN



01788 542337



www.caldecotedaynursery.co.uk



Caldecote Day Nursery



Newsletter August 2021

This month's Learning Focus: **Children's Interests, Summer, Holidays**

This month's Value: **Courage**

COVID – 19: Please read this information about tests and getting tested...

Lateral Flow Tests	PCR Tests
These are for people with no symptoms. They can be taken at home or at the Edward Street Centre, on a weekly or twice weekly basis.	These are for people who have any one of the three main symptoms: a new, continuous cough; a high temperature; loss of taste or smell.
These tests can be done at your home and can be ordered from: https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests	If we have sent your child home with one of these symptoms, you must book a PCR test or have a kit sent to your home: https://www.gov.uk/get-coronavirus-test
After completing your test, you should report the result here: https://www.gov.uk/report-covid19-result	Once the test is complete, you will be sent the results via text or email. This document needs to be forwarded to us as a matter of urgency.
If the result is negative, then you may attend nursery. If the result is positive, you must stay at home and organise a PCR test.	If the test is negative, you will be able to return to nursery. If the test is positive , you will need to follow the 'Stay at Home' guidelines issued by the Government and PHE

While we understand that taking these tests can be very unpleasant for both children and adults, it is really important to safeguard each other and our wider families by getting tested when asked.

Covid Reminders

Masks: Can we kindly ask that parents continue to wear a mask when dropping off and picking up, until further notice.



Foreign Travel: To help keep the Nursery Covid Secure, we ask that if you or a member of your household are travelling abroad, please let us know where you are going and when you will return. If you are having visitors to stay, who have come from abroad, please also let us know so we can keep a record of this.



Leaving to start school?

If you are leaving to start school in September, **please remember you need to give at least one month's notice.**



Autumn Term 2021 Dates for your diary...

Term Time Only children return on Monday 6th September.

Nursery's 26th Birthday – Friday 1st October

Term Time Only Children - Term ends Friday 22nd October

Term Time Only children return on Monday 1st November

More dates to follow...



Lancaster Road, Rugby, CV21 2QN



01788 542337



www.caldecotedaynursery.co.uk



Caldecote Day Nursery



Newsletter August 2021

This month's Learning Focus: **Children's Interests, Summer, Holidays**

This month's Value: **Courage**

Home Learning Ideas

Here are some ideas you could try with your child this month...

Play in water at home or visit the park and play in the sand with a bucket and spade.

Talk about clothes that you might wear to the beach or pack to take on a sunny holiday.

Talk about or draw an animal that you might see at the beach or in a rock pool.

Share some books about the seaside. Commotion in the Ocean, Sharing a Shell and The Singing Mermaid are our favourites!

Try making our seasonal recipe of the month and let us know how it tastes!

Don't forget to send us a photo of your home learning via ParentZone.



ParentZone

Polite Parking

Please remember that we have three spaces on our forecourt to pull up on when you drop off or pick up. Please leave your car in such a way so that others can also use the forecourt at the same time and we can maximise space.

Thank you.



This month's seasonal recipe to try at home...

Pea & Pasta Frittata - Serves Four



Some families recently have noted that their children are becoming picky eaters. Try making this easy recipe with your child to get them involved with the preparation and then hopefully they will be more willing to tuck in!

Ingredients

- 5 large eggs
- 200ml milk
- 80g parmesan (or vegetarian alternative), finely grated
- 200g pasta shells, cooked following pack instructions
- ½ pack mint, chopped
- 200g frozen peas
- 1 tbsp butter
- Green salad, to serve

Method

1. Heat the grill to its highest setting.
2. Crack the eggs into a large bowl, whisk in the milk, then combine with half the cheese, the mint, cooked pasta shells and peas, and add a big pinch of seasoning.
3. Melt the butter in a medium ovenproof non-stick frying pan over a medium heat.
4. Tip in the pasta and egg mixture and leave to set for about 5 mins.
5. Scatter the remaining parmesan on top and put under the grill for 10 mins until cooked through, then slide onto a plate.
6. Cut into slices and serve with a green salad.



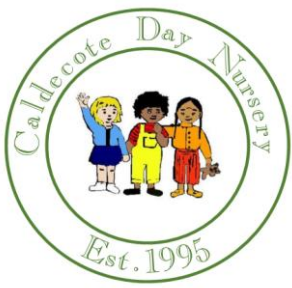
Lancaster Road, Rugby, CV21 2QN



01788 542337



www.caldecotedaynursery.co.uk



Caldecote Day Nursery



Newsletter August 2021

This month's Learning Focus: **Children's Interests, Summer, Holidays**

This month's Value: **Courage**

Our July Learning!



Lancaster Road, Rugby, CV21 2QN



01788 542337



www.caldecotedaynursery.co.uk