



Caldecote Day Nursery



Newsletter October 2021

This month's Learning Focus: **Children's Interests & Pantosaurus**

This month's Value: **Respect**

Safeguarding: NSPCC Pantosaurus Week – 11th – 15th October

We will be having an 'NSPCC's PANTS' week from Monday 14th – Friday 18th October as part of our Safeguarding learning within nursery.

The children will get to know 'Pantosaurus' who can help them to keep safe.

During the week, we will be having discussions mainly with our Pre-School children and will aim to teach the important safety skills without giving explicit information or telling scary stories. We will be teaching our children how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse. PANTS stands for:

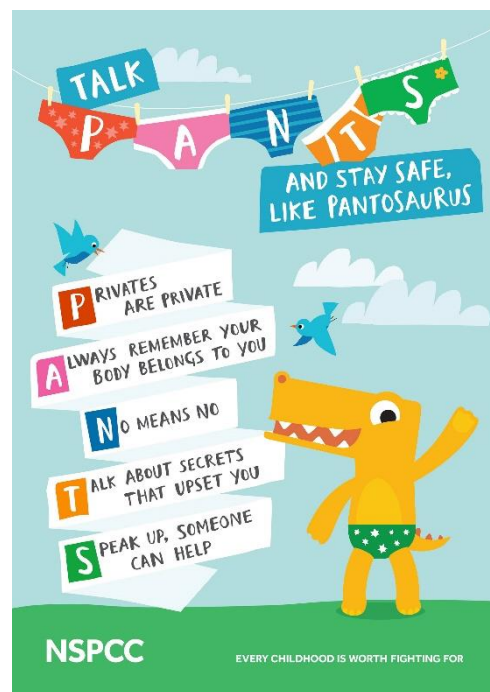
- **Privates are private.**
- **Always remember your body belongs to you.**
- **No means no.**
- **Talk about secrets that upset you.**
- **Speak up, someone can help.**

The sessions will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering children without using any frightening words. These include:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body (Pre-School children will learn to use the words penis and vagina)

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with nursery, more information can be found on our website or at nspcc.org.uk/pants

If you have any questions or concerns, please don't hesitate to get in touch.



CONCEPT PHOTOGRAPHY



We are delighted to welcome **CONCEPT PHOTOGRAPHY** to nursery on **Thursday 4th November** to take individual and sibling photographs **from 9am – 2:30pm** with a festive theme! These photographs will then be available for you to purchase. Concept are a Covid secure company and all photographs will be taken in a separate room, in a socially distanced manner with our own staff posing the children where needed. The photographer will be wearing PPE as necessary, and all equipment will be sanitised between sessions. These professional photographs always make lovely gifts for family and friends at Christmas. If your child does not usually attend nursery on this day but you would like them to have their photo taken, please contact the office to make an appointment. Siblings who do not attend nursery are also able to come and have their photograph taken, but we are only allowing **one adult** per family. Please book early to avoid disappointment.



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Harvest Festival

This year we will be collecting donations for Rugby Food Bank. We will be collecting until **Friday 8th October**. The Food Bank are always grateful for any of the following:

- Coffee
- Custard
- Fruit Juice
- Fruit (tinned)
- Formula Milk
- Hot Chocolate
- Instant Noodles
- Jam / Marmalade
- Nappies
- Pasta Sauce
- Peas (tinned)
- Rice (500g)
- Rice Pudding
- Shampoo
- Shower Gel
- Snack Meals (dried or tinned)
- Snack Meats (tinned)
- Soap
- Soup (packets or cup-a-soup)
- Spaghetti (tinned)
- Sponge Pudding
- Sugar (500g)
- Tea
- Toilet Rolls
- Tomatoes (tinned)
- Toothpaste

COVID – 19: Please read this information about tests and getting tested...

Lateral Flow Tests	PCR Tests
These are for people with no symptoms. They can be taken at home or at the Edward Street Centre, on a weekly or twice weekly basis.	These are for people who have any one of the three main symptoms: a new, continuous cough; a high temperature; loss of taste or smell.
These tests can be done at your home and can be ordered from: https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests	If we have sent your child home with one of these symptoms, you must book a PCR test or have a kit sent to your home: https://www.gov.uk/get-coronavirus-test
After completing your test, you should report the result here: https://www.gov.uk/report-covid19-result	Once the test is complete, you will be sent the results via text or email. This document needs to be forwarded to us as a matter of urgency.
If the result is negative, then you may attend nursery. If the result is positive, you must stay at home and organise a PCR test.	If the test is negative, you will be able to return to nursery. If the test is positive , you will need to follow the 'Stay at Home' guidelines issued by the Government and PHE

While we understand that taking these tests can be very unpleasant for both children and adults, it is really important to safeguard each other and our wider families by getting tested when asked.

Gardener (still) Wanted!

Are you **green-fingered** and have a few hours a month spare?

We are looking for a gardener to do two – four hours of weeding / tidying / planting every month in our small garden. If you are interested and feel that you could help, please contact us. We are happy to pay the going rate to help keep the garden areas looking neat and tidy. Gardening maintenance can be completed during the working day (as children can use the park if needed) or at weekends if that is preferable.



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Home Learning Ideas

Here are some ideas you could try with your child this month...

Celebrate harvest at home and talk about growing food. Taste some seasonal fruit or vegetables. Use foods like beetroot to explore the colours.

Share the Pantosaurus rules and watch the song online: <https://www.youtube.com/watch?v=-IL07JOGU5oqa>

Explore pumpkins! Cut them open, feel the texture of the seeds and touch the flesh!

Try making our seasonal recipe of the month! Send us a photo of your efforts via ParentZone!

Don't forget to send us a photo of your home learning via ParentZone.



ParentZone

Can you help? We are looking for the following to boost our resources:

- Unwanted rolls of wallpaper
- Any other off cuts of paper for art
- Old China tea sets / plates / mugs
- Any unwanted musical instruments
- Fabric, wool and ribbon scraps
- Any other curious items for our children to explore!

Autumn Term 2021 Dates for your diary...

Nursery's 26th Birthday – Friday 1st October

Term Time Only Children - Term ends Friday 22nd October

Term Time Only children return on Monday 1st November

Baby Parent Meetings – 9th November (By appointment)

Toddler Parent Meetings – 10th November (By appointment)

Pre-School Parent Meetings – 11th November (By appointment)

Christmas Stay & Play – 4th December; 10am-12pm *

Pre-School Christmas Concert – 7th December; 2pm*

Pre-School Christmas Concert – 8th December; 10am*

Nursery Christmas Parties – 10th December (Times TBC)

Christmas Jumper Day – 10th December

Term Time Only Children - Term ends Friday 17th December

Christmas Closure – Thursday 23rd December; 6pm

We re-open at 8am – Tuesday 4th January 2022

Some of these events may be subject to change.

*We really hope that we can offer these events this year, but that is very dependent on the COVID situation as we move towards the end of the year. We will keep you as updated as possible, so please check the newsletter, emails and ParentZone.

Club Caldecote – Holiday Care for Reception to Year 6

Club Caldecote have a great week planned for October half term. Spaces are filling up fast, so please book your place soon. Club Caldecote will also be open at Christmas from **Monday 20th – Thursday 23rd December** with lots of Christmassy crafts, cooking and activities to get you in the festive mood! Please contact the office if you wish to book a space.

October Half Term at Club Caldecote Monday 25th – Friday 29th October

	Monday 25 th October	Tuesday 26 th October	Wednesday 27 th October	Thursday 28 th October 'Halloween Celebrations'	Friday 29 th October 'Halloween Celebrations'
Craft	Observational Drawings	Pinecone Craft	Hama Beads	Halloween Craft	Pumpkin Decorating
Cooking	Cake Pops	Fruity Milkshakes	Rainbow Rocky Road	Spider Biscuits	Monster Pizzas
Group	Board Games	Puzzles / Wordsearches	Par 'n' Bar Crazy Golf	Spooky Movie!	Halloween Party! (Come in fancy dress!)
Physical	Park – Football	Park – Play Equipment	(afternoon activity – 1pm onwards)	Autumn Nature Trail	Park – Tennis



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This month's seasonal recipe to try at home...

Healthy Halloween Stuffed Peppers



Some families recently have noted that their children are becoming picky eaters. Try making this easy recipe with your child to get them involved with the preparation and then hopefully they will be more willing to tuck in!

Ingredients:

- 4 small peppers (a mix of orange, red and yellow looks nice)
- 25g pine nuts
- 1 tbsp olive or rapeseed oil
- 1 red onion, chopped
- 2 fat garlic cloves, crushed
- 1 small aubergine, chopped into small pieces
- 200g pouch mixed grains (we used bulgar wheat and quinoa)
- 2 tbsp sundried tomato paste
- zest of 1 lemon
- bunch basil, chopped



Method

1. Cut the tops off the peppers (keeping the tops to one side) and remove the seeds and any white flesh from inside. Use a small sharp knife to carve spooky Halloween faces into the sides. Chop any offcuts into small pieces and set aside.
2. Toast the pine nuts in a dry pan for a few mins until golden and set aside.
3. Heat the oil in the pan, and heat the oven to 200C/180C fan/gas 6.
4. Cook the onion in the oil for 8-10 mins until softened. Stir in the garlic, pepper offcuts and aubergine and cook for another 10 mins, until the veggies are soft. Add a splash of water if the pan looks dry. Season.
5. Squeeze the pouch of grains to break them up, then tip into the pan with the tomato paste. Stir for a minute or two to warm through, then remove from the heat and add the lemon zest, basil and pine nuts.
6. Fill each pepper with the grain mixture. Replace the lids, using cocktail sticks to secure them in place, and put the peppers in a deep roasting tin with the carved faces facing upwards.
7. Cover with foil and bake for 35 mins, uncovered for the final 10. The peppers should be soft and the filling piping hot.



50 Things to do before you are five!

Warwickshire have recently launched this wonderful app with ideas of things to do with your children before the age of five. Once the app has launched, you can select the Warwickshire region and as well as providing links to activities to do at home, it will also give you information about books to share linked to the activity, key words and phrases to use, local events and much more! To download the app visit your app store or use the link below:

<https://warwickshire.50thingstodo.org/app/os#!50thingstodobefore5/welcome>

Share your adventures through ParentZone! We look forward to seeing what you get up to...



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September 2022 school applications

You can apply for a place from September in the year before your child turns 4 years of age. If your child was born between 1 September 2017 and 31 August 2018, you must apply for their Reception place by 15 January 2022 (5pm).

Applications made after this date will be classed as late and not considered until the first allocation of school places has finished on 19 April 2022. Many schools are likely to have filled all their available places by then.

Before you make your selection, find out which catchment area you are in and also contact schools to see when they are having an open day. This can be a great way to get a feel for the school.

All applications must be made via Warwickshire County Council and you can find out more information by following the link on this page.

Stage of process	Date
Reception application period starts	6 September 2021
Closing date for applications	15 January 2022
Extended closing date for families moving into, or within, Warwickshire *	31 January 2022
National Offer Day	19 April 2022
Deadline for accepting the offer	3 May 2022
Deadline for submitting appeals	23 May 2022
Appeal hearings for appeals submitted on time	June and July 2022
Autumn term starts	1 September 2022

<https://www.warwickshire.gov.uk/applying-school-place-reception>



The new EYFS launched in September and the government have now provided guidance for parents, detailing what to look for and how they can support their children to achieve the best outcomes. Although it is quite a long document, only certain sections will apply to you, based on the age of your child.

It is well worth a read, so please take a look by following the link below or logging onto our website where you can find more information.

<https://foundationyears.org.uk/2021/09/amendme-nt-to-what-to-expect-in-the-eyfs-document/>

Congratulations to Lauren P (Baby Room) and her husband Jason, who welcomed baby Vinnie to the world on Sunday 26th September.

Both are doing well and we are looking forward to some cuddles!



We are continuing our journey to support children's language and communication with Makaton. Attached to your invoice (and on our website) is a Makaton poster showing 16 common signs that we use at nursery and that you can use at home. Have a go and see if you can use them too.



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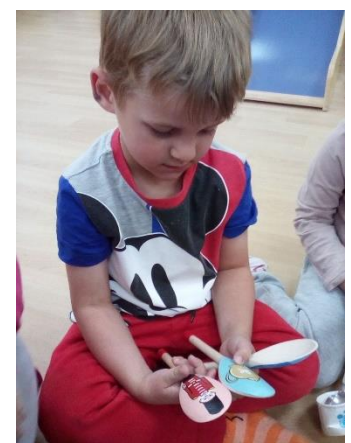
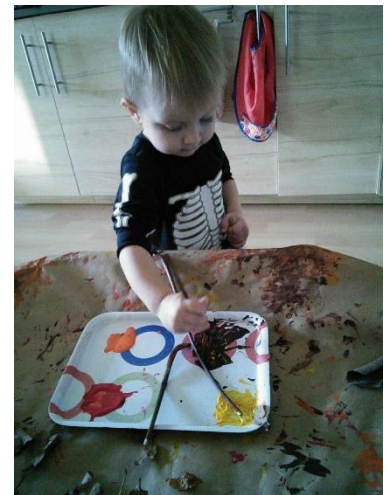


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Our September Learning!



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