



Caldecote Day Nursery



Newsletter October 2023

This month's Learning Focus: **Children's Interests, Mental Health, Pantosaurus**

This month's Value: **Respect**

Safeguarding: NSPCC Pantosaurus Week – 16th – 20th October

We will be having an 'NSPCC's PANTS' week from Monday 16th – Friday 20th October as part of our Safeguarding learning within nursery.

The children will get to know 'Pantosaurus' who can help them to keep safe.

During the week, we will be having discussions mainly with our Pre-School children and will aim to teach the important safety skills without giving explicit information or telling scary stories. We will be teaching our children how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse. PANTS stands for:

- **Privates are private.**
- **Always remember your body belongs to you.**
- **No means no.**
- **Talk about secrets that upset you.**
- **Speak up, someone can help.**

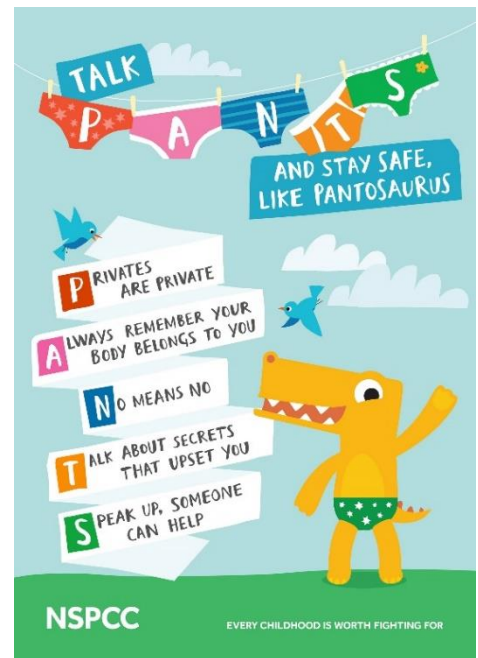
The sessions will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering children without using any frightening words. These include:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body (Pre-School children will learn to use the words penis and vagina)

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with nursery, more information can be found on our website or at nspcc.org.uk/pants

If you have any questions or concerns, please don't hesitate to get in touch.

Further information and links can be found on our website at: www.caldecotedaynursery.co.uk/parents/safeguarding



CONCEPT PHOTOGRAPHY



We are delighted to welcome **CONCEPT PHOTOGRAPHY** to nursery on **Tuesday 24th October** to take individual and sibling photographs **from 9am-2:30pm** with a festive theme! These photographs will then be available for you to purchase. These professional photographs always make lovely gifts for family and friends at Christmas. If your child does not usually attend nursery on this day but you would like them to have their photo taken, please contact the office to make an appointment. Siblings who do not attend nursery are also welcome.



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Harvest Festival

This year we will be collecting donations for Rugby Food Bank. We will be collecting until **Friday 13th October**. The Food Bank are always grateful for any of the following:



- Coffee (instant)
- Custard
- Fruit Juice
- Fruit (tinned)
- Formula Milk
- Hot Chocolate
- Instant Noodles
- Jam / Marmalade
- Nappies
- Pasta Sauce
- Peas (tinned)
- Rice (500g)
- Rice Pudding
- Sanitary Towels
- Shampoo
- Shower Gel
- Snack Meals (dried or tinned)
- Snack Meats (tinned)
- Soap
- Soup (packets or cup-a-soup)
- Spaghetti (tinned)
- Sponge Pudding
- Sugar (500g)
- Tea
- Toilet Rolls
- Tomatoes (tinned)
- Toothpaste

Home Learning Ideas

Here are some ideas you could try with your child this month...

Celebrate harvest at home and talk about growing food. Taste some seasonal fruit or vegetables. Use foods like beetroot to explore the colours.

Share the Pantosaurus rules and watch the song online:

<https://www.youtube.com/watch?v=-lL07JOGU5oqa>

Explore pumpkins! Cut them open, feel the texture of the seeds and touch the flesh!

Look at the colours of Autumn. Make a collection of natural materials and talk about how leaves change colour.

Try making our seasonal recipe of the month!
Send us a photo of your efforts via ParentZone!

Don't forget to send us a photo of your



ParentZone

Autumn Term 2023 Dates for your diary...

Harvest donations collected – w/c 02.10.23 & 09.10.23

World Mental Health Day – 10.10.23

NSPCC Pantosaurus Week – w/c 16.10.22

Concept Photography – 24.10.23; 9am-2:30pm

Term Time Only Children - Term ends Friday 27th October

Term Time Only Children - Term begins Monday 6th November

World Nursery Rhyme Week – w/c 13.11.23

Children In Need – 17.11.23

Stay & Play – 02.12.23; 10am-12pm

Christmas Jumper Day – 08.12.23; Donations for Save The Children

Christmas Parties – 08.12.23 (details to follow)

Christmas Singalongs – w/c 11.12.23 (details to follow)

Term Time Only Children - Term ends Friday 22nd December

Christmas Closure - Friday 22nd December; 6pm

We re-open at 8am - Wednesday 3rd January 2024

Term Time Only Children - Term begins Monday 8th January 2024



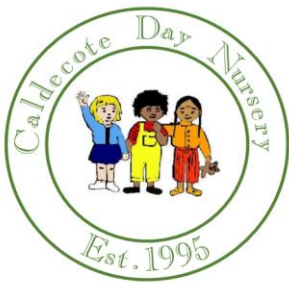
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Leadership Focus

At nursery, we have several staff who take a leadership role. To raise their profile with parents and celebrate the good work that they do, each month we are going to highlight a different role and provide you with some information.

This month it is our DSL Team: Pamela, Laura & Lilly

What is Safeguarding all about?

Our prime responsibility is the welfare and well-being of each child in our care. As such we believe we have a duty to the children, parents and staff to act quickly and responsibly in any instance that may come to our attention. This includes sharing information with any relevant agencies such as local authority services for children's social care, health professionals or the police. All staff will work with other agencies in the best interest of the child, including as part of a multi-agency team, where needed.

What do DSL's do?

We all have a responsibility to keep children safe but our DSL Team (Designated Safeguarding Leads) have additional responsibilities in ensuring the safety and well-being of children and young people involved in nursery.

The team are the point of contact for anyone in the setting who is concerned about a child. They are also responsible for leading on:

- safeguarding policies and procedures
- training and development
- receiving concerns about a child
- reporting, storing and retaining child protection records following our policies and procedures.



What happens if a concern is raised?

If a staff member raises a concern about a child or a child makes a disclosure, a green form is completed to log the event. Staff are trained annually in safeguarding practices and procedures and know how to speak to children in a way that will reassure them while being able to note down any facts about a disclosure. This is then taken to one of the DSL Team to investigate further.

What happens next?

A DSL will read the information and discuss it with the staff member. Depending on the issue and the severity of the concern raised will depend on what happens next. Someone from the DSL Team may contact you to discuss the concern. It may be felt that some support is required and they will signpost you to an organisation that can help, like the **Family Information**

Service. Perhaps if the concern has been raised before and is ongoing, an **Early Help Pathway** may be advised to be able to bring together various organisations that can help. It may be necessary that a **Family Support Worker** should be contacted or if the DSL feels that there is an immediate risk to the child, then they will contact **The Front Door**, who are the organisation that coordinate **Early Help** and **Children's Social Care**. In some rare, but extreme cases, the **Police** will be contacted if there is immediate risk or if the law has been broken. All concerns are listened to and acted upon.



Pamela Sheppard
Safeguarding Lead



Laura Whitehead
Safeguarding Team



Lilly Wagstaff
Safeguarding Team



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This month's seasonal recipe to try at home...

Pumpkin Hummus



Try this easy recipe with your child to get them involved and interested in food! Cooking together is a good way to connect.

Ingredients:

- 1 small pumpkin (about 500g)
- olive oil, for roasting
- 2 garlic cloves, peeled
- ½ lemon, juiced
- 2 tbsp tahini paste
- 400g can chickpeas, drained
- 1 red pepper, deseeded, and sliced
- 1 yellow pepper, deseeded, and sliced
- mini breadsticks and pitta chips, to serve



Method:

1. Cut the top off the pumpkin, about two-thirds of the way up. Remove the pumpkin seeds, then scoop the flesh out of the bottom and the lid.
2. Heat oven to 200C/180C fan/gas 6.
3. Cut the pumpkin flesh into pieces and put in a roasting tin with the garlic and a good glug of oil.
4. Season, then bake for 45 mins until very tender. Leave to cool.
5. Tip the pumpkin into a food processor with any juices from the roasting tin and the garlic.
6. Add the lemon juice, tahini paste and chickpeas. Season with salt and blend to a paste – add a little more oil if it's too thick.
7. Scoop the hummus back into the pumpkin and serve with the peppers, breadsticks and pitta chips.

Warwickshire School Admissions - September 2024

You can apply for a place from September in the year before your child turns 4 years of age. If your child was born between 1 **September 2019** and **31 August 2020**, you must apply for their Reception place by 15 January 2024 (5pm).

Applications made after this date will be classed as late and not considered until the first allocation of school places has finished **on 17 April 2024**. Many schools are likely to have filled all their available places by then.

Before you make your selection, find out which catchment area you are in and also contact schools to see when they are having an open day. This can be a great way to get a feel for the school.

All applications must be made via Warwickshire County Council and you can find out more information by following the link on this page.

<https://www.warwickshire.gov.uk/admissions>



The deadline for applying for your child's school Reception place is:

JANUARY
15



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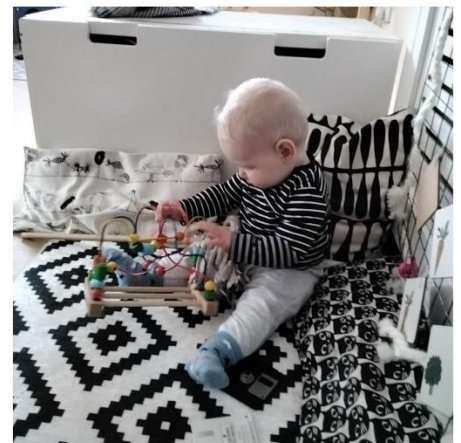


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Our September Learning...



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