



Caldecote Day Nursery



Newsletter November 2023

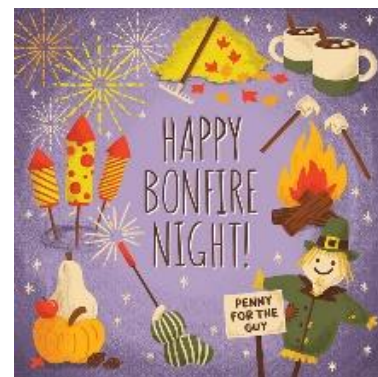
This month's Learning Focus: **Children's Interests, Bonfire Night, Diwali, Nursery Rhymes**

This month's Value: **Manners**

Safeguarding

Safeguarding children's wellbeing is paramount for us at nursery. Here are some important safety messages for those of you having firework displays at home this year...

- Have a bucket of water, or an appropriate fire extinguisher, close by
- Keep children a sensible distance away from the display – ear defenders are also a good idea
- Never hold more than one sparkler at a time
- Plan your firework display to make it safe and enjoyable
- Keep fireworks in a closed box away from the display area and use them one at a time
- Read and follow the instructions on each firework, using a torch if necessary
- Light the firework at arm's length with a taper and stand well back
- Keep naked flames and burning materials away from fireworks
- Never return to a firework once it has been lit
- Don't put fireworks in pockets and never throw them
- Ensure fireworks are directed away from people watching the display
- Make sure that the fire is out and surroundings are made safe before leaving.



Harvest Festival

Thank you so much for your kind donations. We were able to deliver **182 items** of tins and packets to the Rugby Foodbank to help families less fortunate than ourselves.



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Rhyme a Day Challenge: 13th – 17th November 2023



We have chosen 5 popular nursery rhymes for this year's 'Rhyme a Day' challenge and will focus on each song in the following order:

Monday 13th November:	Jack and Jill
Tuesday 14th November:	Hickory Dickory Dock
Wednesday 15th November:	Head, Shoulders, Knees & Toes
Thursday 16th November:	Row, Row, Row Your Boat
Friday 17th November:	The Wheels On The Bus

We will be taking part in World Nursery Rhyme Week again this year. Here is the list of rhymes and the days on which we will be learning about them so you can join in at home too!

Home Learning Ideas

Here are some ideas you could try with your child this month...

As the weather turns colder, talk about clothes that you might wear in the winter. Match hats to scarves and pairs of gloves.

Talk about fireworks and bonfire night. Use instruments to bang and crash like real fireworks!

Sing your favourite nursery rhymes and make up some actions to go with them. How many can you remember?

Try making our seasonal recipe of the month! Send us a photo of your efforts via ParentZone!

Don't forget to send us a photo of your home learning via ParentZone.



ParentZone

Autumn Term 2023 Dates for your diary...

Term Time Only Children - Term begins Monday 6th November

World Nursery Rhyme Week – w/c 13.11.23

Children In Need – w/c 13.11.23 - 17.11.23

Play our Pudsey Game and 'show us your spots' for a donation.

Stay & Play – 02.12.23; 10am-12pm

Christmas Jumper Day – 08.12.23; £1 donation for Save The Children

Christmas Parties – 08.12.23;

Babies & Toddlers; 11:30am-1:00pm.

Pre-School; 1:30pm-3:00pm

Pre-School Christmas Singalong – 12.12.23; 11:00am or 14.12.23; 2:00pm

Term Time Only Children - Term ends Friday 22nd December

Christmas Closure - Friday 22nd December; 6pm

We re-open at 8am - Wednesday 3rd January 2024

Term Time Only Children - Term begins Monday 8th January 2024



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Leadership Focus

At nursery, we have several staff who take a leadership role. To raise their profile with parents and celebrate the good work that they do, each month we are going to highlight a different role and provide you with some information.

This month it is our SENDCo Team: Alice (Mat Leave) & Poonam

At Caldecote, Alice (Mat Leave) & Poonam are our SENDCos' (Special Educational Needs & Disabilities Coordinators). They oversee the provision for children who have a special educational or developmental need and coordinate information between home, the nursery and outside professionals to ensure each child is cared and provided for in a way that is right for them. They have knowledge of processes, procedures and paperwork, who to contact with queries and referrals, and access to different resources and tools to help measure a child's progress and to help in their continued development.

What is ADHD? - Attention deficit hyperactivity disorder (ADHD) is a condition that affects people's behaviour. People with ADHD can seem restless, may have trouble concentrating and may act on impulse. Symptoms of ADHD tend to be noticed at an early age and may become more noticeable when a child's circumstances change, such as when they start school. Most cases are diagnosed when children are 3 to 7 years old, but sometimes it's diagnosed later in childhood. Sometimes ADHD was not recognised when someone was a child, and they are diagnosed later as an adult. The symptoms of ADHD usually improve with age, but many adults who were diagnosed with the condition at a young age continue to experience problems.

Symptoms of ADHD

Symptom	How a child with this symptom may behave
Inattention	Often has a hard time paying attention, daydreams
	Often does not seem to listen
	Is easily distracted from work or play
	Often does not seem to care about details, makes careless mistakes
	Frequently does not follow through on instructions or finish tasks
	Is disorganized
	Frequently loses a lot of important things
	Often forgets things
Hyperactivity	Frequently avoids doing things that require ongoing mental effort
	Is in constant motion, as if "driven by a motor"
	Cannot stay seated
	Frequently squirms and fidgets
	Talks too much
	Often runs, jumps, and climbs when this is not permitted
Impulsivity	Cannot play quietly
	Frequently acts and speaks without thinking
	May run into the street without looking for traffic first
	Frequently has trouble taking turns
	Cannot wait for things
	Often calls out answers before the question is complete
Frequently interrupts others	

If you think you or your child may have ADHD, speak to a GP. If you're worried about your child, it may help to speak to nursery staff, before seeing a GP, to find out if they have any concerns about your child's behaviour. When you see a GP, they may ask you:

- about your symptoms or those of your child
- when these symptoms started
- where the symptoms occur – for example, at home, in school, college or university, or at work
- whether the symptoms affect your or your child's day-to-day life – for example, if they make socialising difficult
- if there have been any recent significant events in your or your child's life, such as a death or divorce in the family
- if there's a family history of ADHD
- about any other problems or symptoms of different health conditions you or your child may have.



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This month's seasonal recipe to try at home...

Edible Sparklers, Fruity Rockets & Shooting Stars!



Try these easy recipes with your child to get them involved and interested in food! Cooking together is a good way to connect.

Ingredients:

- 15 breadsticks
- 100g milk chocolate
- sprinkles, to decorate



Method:

1. Melt the chocolate in a high-sided bowl, by microwaving it for 15 seconds at a time. Stir after each burst of 15 seconds, until fully melted.
2. Dip each breadstick into chocolate and cover liberally with sprinkles
3. Leave standing upright in a glass to set.

Ingredients:

- 2 bananas – cut into slices
- 1 punnet of strawberries
- ½ punnet of blueberries
- Small tin of pineapple slices
- Watermelon or other fruit cut with a star shaped cutter



Method:

1. Soak the wooden skewers in boiling water for a few moment so they do not splinter.
2. **Fruity Rockets:** On each food skewer, add a pineapple wedge, strawberry slice, banana slice, another strawberry slice, another banana slice, and then the pointed end of a strawberry to create the rocket skewer.
3. **For Shooting Star Skewers:** On each food skewer, thread 4 jumbo blueberries and then top with a star-shaped watermelon slice.

Children In Need - Win Pusdey Bear!

During w/c 13th November, we are giving you the chance to win your own Pudsey Bear!

Play our 'Guess the number of spots' game at the door for £1 per go to win!

Children are also welcome to 'show their spots' and wear a spotty or Pudsey themed outfit during the week for a £1 donation.



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Christmas activities at Caldecote

Christmas Post Boxes – Monday 27th November – Wednesday 13th December

The festive post boxes will be available for you to send cards to nursery friends from Monday 27th November to Wednesday 13th December. Remember to put the child's name and room on the envelope.

A list of names will be emailed towards the middle of November.



Stay & Play – Saturday 2nd December; 10am-12pm

We will be holding our Christmas 'Stay & Play' session on Saturday 2nd December, from 10am-12pm. Come along with your child and let them lead you through their learning at nursery. This session is open to all our current families, any younger or older siblings and two adults per child (due to space - sorry). Staff will be on hand to have a chat with, and we hope it will be a fun way to see what goes on at nursery while engaging with your child in some festive themed invitations to learning. Please let us know if you will be attending.



Christmas Jumper Day & Christmas Parties - Friday 8th December

As well as being Christmas Jumper Day, this is also our Christmas Party Day! The party for Babies and Toddlers takes place between 11:30am-1pm and the Pre-School party is from 1:30pm-3:00pm. If your child does not usually attend on a Friday, they may attend the party at no additional charge. Please book a place with staff so we know how many we are catering for.



Pre-School Christmas Sing-a-long – Tuesday 12th or Thursday 14th December

Pre-School families (two adults per child) are invited to attend our Christmas Sing-a-long on Tuesday 12th December at 11am or Thursday 14th December at 2:00pm. This is a relaxed and informal sing-a-long with your child and other families. Wear a Christmas jumper or festive headgear to get into the spirit! The whole session should last between 15-20 minutes. Don't forget to bring your best singing voices!



Polite Reminders: Please respect personal space.

We kindly ask that if a staff member is talking to a parent at the front door, that other parents please stand back, keep their distance and wait a moment. We understand that sometimes you might need to ask something quick, but staff may be in the middle of a sensitive or private conversation and there have been recent instances of other parents standing uncomfortably close.

Thank you for your support.



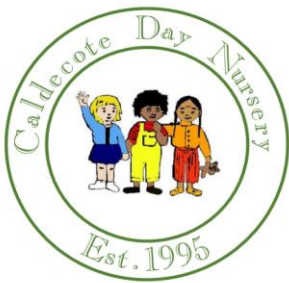
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Our October Learning...



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