



# Caldecote Day Nursery



## Newsletter October 2020

This month's Learning Focus: **Children's Interests, Celebrations, Harvest, Dinosaurs & Halloween** This month's Value: **Respect**

### We are 25!

We are delighted to be celebrating our 25<sup>th</sup> birthday this month! What an achievement and a milestone to have reached! Over our 25 years we have cared for and educated hundreds of children and employed close to two hundred staff. We had hoped to mark the occasion with a huge party for all our staff, children and their families, but what we didn't plan for was a global pandemic!

We will celebrate in nursery / Club Caldecote and every child will receive a special gift from us to mark the occasion. Look out for photos of our celebrations via iconnect, our website and on our Facebook page.

A very special thank you to all our amazing staff who work so hard to provide the best education for your children every day. We could not do it without you! And to our wonderful children and families for their continued support over the years. Your children are a pleasure to care for and we enjoy watching them develop and grow in confidence as they make their way through nursery. They are the reason that we do, what we do....

### Here's to the next 25 years!

#### Covid – 19

We are continually risk assessing and following the government guidelines relating to covid-19. As we make changes to our operational plan, we will let you know.

Please remember: If your child or someone in your household has:

- a new, continuous cough,
- a high temperature,
- loss of taste or smell,

**You must not attend nursery under any circumstance.**

You must contact 111, get tested immediately and inform us of the outcome as a matter of urgency. If we suspect that your child has covid-19, you will be asked to collect them immediately, contact 111 and get tested.

If the outcome is negative, you and your child may return to nursery. If the outcome is positive, you will need to follow the 'Stay at Home' guidance as issued by the government.

Further information can be found in our Covid-19 operational plan.

#### Harvest Festival

This year we will be collecting donations for Rugby Food Bank. We will be collecting these from **Monday 5<sup>th</sup> October – Friday 16<sup>th</sup> October**. The Food Bank are always grateful for any of the following:

- Coffee
- Custard
- Fruit Juice
- Fruit (tinned)
- Hot Chocolate
- Instant Noodles
- Jam / Marmalade
- Pasta Sauce
- Peas (tinned)
- Rice (500g)
- Rice Pudding
- Shampoo
- Shower Gel
- Snack Meals (dried or tinned)
- Snack Meats (tinned)
- Soap
- Soup (packets or cup-a-soup)
- Spaghetti (tinned)
- Sponge Pudding
- Sugar (500g)
- Tea
- Toilet Rolls
- Tomatoes (tinned)
- Toothpaste

**This year, more than ever, the Food Bank needs our support, please give what you can to help others.**

**Thank you.**



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### Safeguarding: NSPCC Pantosaurus Week – 12<sup>th</sup> – 16<sup>th</sup> October

We will be having an 'NSPCC's PANTS' week from Monday 14<sup>th</sup> – Friday 18<sup>th</sup> October as part of our Safeguarding learning within nursery.

The children will get to know 'Pantosaurus' who can help them to keep safe.

During the week, we will be having discussions mainly with our Pre-School children and will aim to teach the important safety skills without giving explicit information or telling scary stories. We will be teaching our children how to stay safe by learning the PANTS rules, which the NSPCC have developed to be like a Green Cross Code for staying safe from sexual abuse. PANTS stands for:

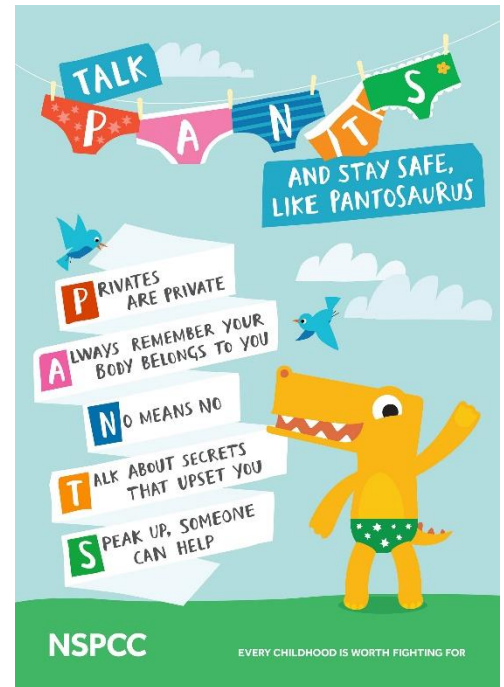
- **Privates are private.**
- **Always remember your body belongs to you.**
- **No means no.**
- **Talk about secrets that upset you.**
- **Speak up, someone can help.**

The sessions will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering children without using any frightening words. These include:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body (Pre-School children will learn to use the words penis and vagina)

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with nursery, more information can be found on our website or at [nspcc.org.uk/pants](https://nspcc.org.uk/pants)

If you have any questions or concerns, please don't hesitate to get in touch.



### TEMPEST PHOTOGRAPHY



Tempest Photography are back to take individual and sibling photographs on **Friday 16<sup>th</sup> October, from 9am – 2:00pm** with a festive theme! These photographs will then be available for you to purchase. Tempest are a Covid secure company and all photographs will be taken in a separate room, in a socially distanced manner with our own staff posing the children where needed. The photographer will be wearing PPE and all equipment will be sanitised between sessions. All details will be emailed to families this year so there will be no proofs to handle either. Tempest photographs always make lovely gifts for family and friends at Christmas. If your child does not usually attend nursery on this day but you would like them to have their photo taken, please contact the office to make an appointment. Siblings who do not attend nursery are also able to come and have their photograph taken, but we are only allowing **one adult** per family. Please book early to avoid disappointment.



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### Home Learning Ideas

Here are some ideas you could try with your child this month...

Use our 25<sup>th</sup> birthday gift at home and share the activities with your children.

Celebrate harvest at home and talk about growing food. Taste some seasonal fruit or vegetables. Use foods like beetroot to explore the colours.

Share the Pantosaurus rules and watch the song online:

<https://www.youtube.com/watch?v=-IL07JOGU5oqa>

Explore pumpkins! Cut them open, feel the texture of the seeds and touch the flesh!

Try making our seasonal recipe of the month! Send us a photo of your efforts via ParentZone!

**Don't forget to send us a photo of your home learning via ParentZone.**



**ParentZone**

### Dogs

Could we kindly ask that dogs are not brought onto nursery premises at drop off or collection times please? Despite the temperament of the dog, not all children and adults feel comfortable around them.

Thank you.



### Autumn Term 2020 Dates for your diary...

**Nursery's 25<sup>th</sup> Birthday – Thursday 1<sup>st</sup> October**

**Harvest Celebrations – Monday 5<sup>th</sup> – Friday 9<sup>th</sup> October**

**Early Years Wellbeing Week – Monday 5<sup>th</sup> – Friday 9<sup>th</sup> October**

**NSPCC Pantosaurus Week – Monday 12<sup>th</sup> – Friday 16<sup>th</sup> October**

**Tempest Photography – Friday 16<sup>th</sup> October; 9am-2pm**

**Term Time Only Children - Term ends Friday 23<sup>rd</sup> October**

**Term Time Only children return on Monday 2<sup>nd</sup> November**

**Baby Parent Meetings – 17<sup>th</sup> November (By appointment)**

**Toddler Parent Meetings – 18<sup>th</sup> November (By appointment)**

**Pre-School Parent Meetings – 19<sup>th</sup> November (By appointment)**

**Christmas Stay & Play – 5<sup>th</sup> December; 10am-12pm \***

**Pre-School Christmas Concert – 8<sup>th</sup> December; 2pm\***

**Pre-School Christmas Concert – 9<sup>th</sup> December; 10am\***

**Nursery Christmas Parties – 11<sup>th</sup> December (Times TBC)**

**Christmas Jumper Day – 11<sup>th</sup> December**

**Term Time Only Children - Term ends Friday 18<sup>th</sup> December**

**Christmas Closure – Wednesday 23<sup>rd</sup> December; 6pm\*\***

**We re-open at 8am – Monday 4<sup>th</sup> January 2021**

*Some of these events may be subject to change.*

\*It is looking more and more likely that we will need to cancel events such as 'Stay & Play' and having a live audience for our Christmas concert. We are keeping a close eye on developments and guidelines and will let you know nearer the time.

\*\*Please note that we have decided not to open on Christmas Eve this year, to allow our staff to spend Christmas Eve with their families. We will therefore close at 6pm on Wednesday 23<sup>rd</sup> December. As we are not open, there will be no charge for this day. Please make alternative arrangements if your child usually attends on a Thursday.



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This month's seasonal recipe to try at home...

### Healthy Halloween Stuffed Peppers



#### Ingredients:

- 4 small peppers (a mix of orange, red and yellow looks nice)
- 25g pine nuts
- 1 tbsp olive or rapeseed oil
- 1 red onion, chopped
- 2 fat garlic cloves, crushed
- 1 small aubergine, chopped into small pieces
- 200g pouch mixed grains (we used bulghur wheat and quinoa)
- 2 tbsp sundried tomato paste
- zest of 1 lemon
- bunch basil, chopped



#### Method

1. Cut the tops off the peppers (keeping the tops to one side) and remove the seeds and any white flesh from inside. Use a small sharp knife to carve spooky Halloween faces into the sides. Chop any offcuts into small pieces and set aside.
2. Toast the pine nuts in a dry pan for a few mins until golden and set aside.
3. Heat the oil in the pan, and heat the oven to 200C/180C fan/gas 6.
4. Cook the onion in the oil for 8-10 mins until softened. Stir in the garlic, pepper offcuts and aubergine and cook for another 10 mins, until the veggies are soft. Add a splash of water if the pan looks dry. Season.
5. Squeeze the pouch of grains to break them up, then tip into the pan with the tomato paste. Stir for a minute or two to warm through, then remove from the heat and add the lemon zest, basil and pine nuts.
6. Fill each pepper with the grain mixture. Replace the lids, using cocktail sticks to secure them in place, and put the peppers in a deep roasting tin with the carved faces facing upwards.
7. Cover with foil and bake for 35 mins, uncovered for the final 10. The peppers should be soft and the filling piping hot.



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### October Half Term at Club Caldecote Monday 26<sup>th</sup> – Friday 30<sup>th</sup> October



	Monday 26 <sup>th</sup> October	Tuesday 27 <sup>th</sup> October	Wednesday 28 <sup>th</sup> October	Thursday 29 <sup>th</sup> October 'Halloween Celebrations'	Friday 30 <sup>th</sup> October 'Halloween Celebrations'
Craft	Watercolour Painting 	Pinecone Craft 	Hama Beads 	Halloween Craft 	Pumpkin Decorating 
Cooking	Toasted Sandwiches 	Mocktails 	Crispy Cakes 	Spider Biscuits 	Monster Pizzas 
Group	Board Games 	Wordsearches 	Talent Show 	Spooky Movie! 	Halloween Party! (Come in fancy dress!) 
Physical	Caldecott Park 	Rugby Treasure Trail 	Caldecott Park 	Autumn Nature Trail 	Caldecott Park 

**Please book early, as numbers will be limited!**

### Our September Learning!



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