

## Caldecote Day Nursery Term Time Menu: April – October 2024

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 08.04.24 29.04.24 20.05.24 10.06.24 01.07.24 16.09.24 07.10.24	B'fast	Toast, cereal selection, seasonal fruit				
	Snack	Seasonal fruit and vegetables with a starchy option of either: breadsticks, pitta fingers, naan fingers, bagel bites or crackers				
	Lunch	Gluten free pork (or meat-free) meatballs in a tomato sauce with pasta and fresh salad or veg of the day. (SB, SU, G)	Cheese & tomato pizza with potato wedges and fresh salad, veg of the day or beans. (D,G)	Roast beef (or Quorn fillet) and Yorkshire pudding, gravy, roast potatoes with veg of the day. (D, E, G)	Cheese and tomato pasta bake with fresh crusty bread (D,G)	Gluten free breaded fish fillet (or meat-free grill) with chipped potatoes and fresh salad or veg of the day. (F)
		Chocolate whip with orange wedge (D)	Pancakes with fruit (G, D, E)	Yoghurt (D)	Homemade chocolate cracknel. (G)	Ice Cream. (D)
	Tea	Spaghetti on toast. (G, D)	Tuna mayo / soft cheese wraps, seasonal vegetable sticks. (F, G, D)	Cous-cous and mixed bean salad (G)	Crumpets with savoury paste / soft cheese & vegetable sticks. (G, SB, D)	Chinese noodles with carrots & sweetcorn. (G, D)
		Rice pudding with raisins or bananas. (D)	Fruit cake. (G, E)	Seasonal fresh fruit platter.	Fromage frais. (D)	Swiss roll & custard. (G, E, D)
Week 2 15.04.24 06.05.24 17.06.24 08.07.24 02.09.24 23.09.24 14.10.24	B'fast	Toast, cereal selection, seasonal fruit				
	Snack	Seasonal fruit and vegetables with a starchy option of either: breadsticks, pitta fingers, naan fingers, bagel bites or crackers				
	Lunch	British pork (or meat-free) sausages with potato wedges and fresh salad or baked beans (G, SU)	Italian chicken (or vegetable) pasta in a tomato sauce with a baked baguette and fresh salad or veg of the day. (G)	Roast chicken (or Quorn fillet) with stuffing, gravy, roast potatoes and veg of the day. (G)	Beef (or meat-free) bolognais with garlic bread and fresh salad or veg of the day. (G, D)	Cheese & tomato pizza with potato wedges and fresh salad, veg of the day or beans. (D,G)
		Strawberry whip with fresh fruit. (D)	Chocolate frosted sponge (G, D, E)	Ice Cream. (D)	Crunch cookie (G)	Jelly with fruit
	Tea	Macaroni cheese, with sweetcorn and peas (G, D, M)	Toasted pitta fingers, humous, seasonal vegetable sticks (G, S)	Cheese & tomato or cucumber sandwiches, humous, tortilla chips (D, S)	Sausage rolls / cheese & onion rolls with mixed salad (W, M, D)	Sausage & beans or veggie sausage & beans with buttered bread (G, D, M)
		Fruit cake. (G,E)	Bananas & custard (M)	Seasonal fresh fruit platter	Victoria sponge cake (G, E, D)	Fromage frais (D)
Week 3 22.04.24 13.05.24 03.06.24 24.06.24 15.07.24 09.09.24 30.09.24 21.10.24	B'fast	Toast, cereal selection, seasonal fruit				
	Snack	Seasonal fruit and vegetables with a starchy option of either: breadsticks, pitta fingers, naan fingers, bagel bites or crackers				
	Lunch	Mac and cheese with a baked baguette and fresh salad or veg of the day. (D,G)	Quorn dippers with rainbow rice, dipping sauce and fresh salad or veg of the day. (G)	Roast pork (or Quorn fillet) with apple sauce, gravy, roast potatoes and vegetables of the day.	Beef (or meat free) burger with potato wedges, fresh salad or vegetables of the day. (G, SB, C)	Gluten free fish fingers (or meat-free) fingers, chipped potatoes with fresh salad or baked beans. (F)
		Vanilla cookie (G)	Fresh fruit	Toffee apple sponge. (G, D, E)	Chocolate swirl mousse. (D)	Yoghurt (D)
	Tea	Beans on toast (G, SB)	Scrambled egg wraps, seasonal vegetable sticks (E, G)	Beef or cheese & tomato ravioli, mixed salad (C, G, E, D)	Ham, tuna or cheese sandwiches with savoury nibbles (G, D)	Crackers with soft cheese, cucumber and tomatoes (G, D)
		Biscuit selection (G, D)	Jaffa cakes (G, E, S)	Fromage Frais (D)	Fairy cakes (G, E, D, SB)	Scones with jam (G, D, E)

PS – 02.04.24

**Allergen key:** Vegan Vegetarian Meat C = Celery G=Gluten / Wheat N=Coconut/Nuts S=Sesame F=Fish M=Mustard SU=Sulphates D=Dairy E=Egg SB=Soya