

# Caldecote Day Nursery Autumn / Winter Menu 2025-26

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1  13.10.25 03.11.25 24.11.25 15.12.25 05.01.26 26.01.26 16.02.26 09.03.26	B'fast	Toast, cereal selection, seasonal fruit				
	Snack	Matzo cracker, peppers & cottage cheese	Carrot ribbons, breadsticks & hummus	Naan fingers, cottage cheese & tomatoes	Bagel bites, cucumber sticks & hummus	Piita fingers, peppers & tzatziki
	Lunch	Chicken and vegetable (or chickpea and vegetable) creamy coconut curry with naan bread curry. <b>Allergens: none</b>	Pork ragu (or sweet potato ragu) with brown rice. <b>Allergens: none</b>	Beef chilli (or veg and bean chilli) with jacket potato. <b>Allergens: gluten: wheat</b>	Chicken nuggets (or veggie sausage) with hidden veg, potato wedges, peas and corn. <b>Allergens: none</b>	Root vegetable and bean hotpot served with mashed potato <b>Allergens: none</b>
		Peach slices in juice	Bananas & apple slices	Pear & kiwi slices	Peach slices & Greek yogurt	Satsumas & raisins
	Tea	Fish (or veggie) fingers, mashed potato and green veggies <b>Allergens: fish, gluten: wheat</b>	Minted lamb (or meat-free) hotpot with veggies <b>Allergens: none</b>	Chicken (or vegetable) bolognaise <b>Allergens: gluten: wheat</b>	Cheesy bean pie with broccoli <b>Allergens: milk</b>	Tomato and basil chicken (or tomato and basil veggies) with brown rice <b>Allergens: none</b>
		Blueberries & Greek yogurt	Melon slices & grapes	Apple & raisins	Fresh Pineapple & blueberries	Pear & kiwi slices

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2  20.10.25 10.11.25 01.12.25 22.12.25 12.01.26 02.02.26 23.02.26 16.03.26	B'fast	Toast, cereal selection, seasonal fruit				
	Snack	Rice cakes, cheese strips & tomatoes	Naan fingers, cottage cheese & tomatoes	Bagel bites, cucumber sticks & hummus	Piita fingers, peppers & tzatziki	Matzo cracker, peppers & cottage cheese
	Lunch	Sweet and sour chicken (or vegetables) with rice <b>Allergens: none</b>	Cottage pie (or veg and bean cottage pie) with hidden veggies. <b>Allergens: none</b>	Vegetable fingers, potato wedges and baked beans <b>Allergens: gluten: wheat</b>	Roast chicken (or Quorn) served with mashed potatoes, carrots and peas <b>Allergens: none</b>	Salmon (or mixed bean) super green pasta bake <b>Allergens: fish, milk, gluten: wheat</b>
		Pear & kiwi slices	Fresh Pineapple & grapes	Strawberries & Greek yogurt	Apple slices & blueberries	Bananas & raisins
	Tea	Beef chilli (or veg and bean chilli) with jacket potato. <b>Allergens: gluten: wheat</b>	Chicken nuggets (or veggie sausage) with hidden veg, potato wedges, peas and corn. <b>Allergens: none</b>	Chicken and vegetable (or chickpea and vegetable) creamy coconut curry with naan bread curry. <b>Allergens: none</b>	Pork ragu (or sweet potato ragu) with brown rice. <b>Allergens: none</b>	Root vegetable and bean hotpot served with mashed potato <b>Allergens: none</b>
		Satsumas & raisins	Apple slices & blueberries	Melon slices & grapes	Pear & kiwi slices	Strawberries & Greek yogurt

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3  27.10.25 17.11.25 08.12.25 29.12.25 19.01.26 09.02.26 03.02.26 23.03.26	B'fast	Toast, cereal selection, seasonal fruit				
	Snack	Carrot ribbons, breadsticks & hummus	Piita fingers, peppers & tzatziki	Matzo cracker, peppers & cottage cheese	Rice cakes, cheese strips & tomatoes	Bagel bites, cucumber sticks & hummus
	Lunch	Fish (or veggie) fingers, mashed potato and green veggies <b>Allergens: fish, gluten: wheat</b>	Tomato and basil chicken (or tomato and basil veggies) with brown rice <b>Allergens: none</b>	Cheesy bean pie with broccoli <b>Allergens: milk</b>	Chicken (or vegetable) bolognaise <b>Allergens: gluten: wheat</b>	Minted lamb (or meat-free) hotpot with veggies <b>Allergens: none</b>
		Apple slices & raisins	Blueberries & Greek yogurt	Peach slices in juice	Banana & strawberries	Melon & apple slices
	Tea	Sweet and sour chicken (or vegetables) with rice <b>Allergens: none</b>	Cottage pie (or veg and bean cottage pie) with hidden veggies. <b>Allergens: none</b>	Salmon (or mixed bean) super green pasta bake <b>Allergens: fish, milk, gluten: wheat</b>	Roast chicken (or Quorn) served with mashed potatoes, carrots and peas <b>Allergens: none</b>	Vegetable fingers, potato wedges and baked beans <b>Allergens: gluten: wheat</b>
		Peach slices & Greek yogurt	Pear & kiwi slices	Melon slices & grapes	Apple slices & raisins	Fresh Pineapple & blueberries